# CITY SCENE

RECREATION PROGRAMS, RECREATION CENTER, AND CITY INFORMATION





LIVE MUSIC-BINGO-KARAOKE
OUTDOOR HEATED PATIO
WOOD FIRE PIZZA



# BUY ONE GET ONE PIZZA\*

\*ONE PER HOUSEHOLD PER VISIT

\*FREE PIZZA EQUAL OR LESSER VALUE

EXP 12/31/21

# LOCATED IN THE HEART OF HEBRON ON ROUTE 47 BETWEEN WOODSTOCK AND LAKE GENEVA

WWW.HARTSSALOON.COM



It was really exciting to be able to offer the Recreation Department's full slate of programming this summer including the 19th season of Woodstock Water Works, the 63rd season of the Playground Program, the 44th annual Woodstock Challenge Road Races, the 24th annual Rec/SportsCity Heatwave Girls Softball Tournaments, and the 10th annual we.can.tri Triathlon.

Over 120 specific programs were offered through the Rec Department with the Playground Program leading the way with 280 participants.

Despite up and down weather, Woodstock Water Works' total season attendance was 36,126 for open swim for an average of 546 per day including our season high of 1,208 patrons on July 5 that generated \$5,889 in general admission revenues. All twenty-seven of the Level I-III Red Cross swim classes were filled with the Level IV-V close to max. Eighty-eight groups rented WWW for their outings. Tween Night continues to be very popular averaging 260 tweens on Wednesday nights. We added four "Friday After Dark" adult nights that included a DJ and beer garden.

As I reviewed the WWW budget, I noticed that the Season Pass revenue line item for the 2021 season was zero dollars. I forgot that when we compiled the budget in Jan/Feb, we did not think we would be selling season passes due to the COVID capacity restrictions. When we compiled the Summer City Scene in March, restrictions had been relaxed enough that we were only going to allow City residents to purchase season passes. Lo and behold, a week before opening on Memorial Day, capacity limits were relaxed enough that we were able to sell season passes to nonresidents as well. In the end, we sold a total of 2,038 season passes that generated \$92,305 in revenues.

When we reopened the Rec Center after the COVID shutdown, to adhere social distancing requirements, we relocated half of the cardio equipment to the aerobics room, moved the fitness and spin classes in to the gym,

offered the supervised playroom in the multipurpose room and created three reservable lanes in the pool. We anticipated moving the facility back to its normal configuration at the end of the summer but with the advent of the variant COVID viruses, we are leaving the facility in its current design until further notice with the exception of the playroom which will move back to its normal space. All areas of the Rec Center are open including the weight and cardio areas, pool, whirlpool, sauna, tanning bed, racquetball, gym, track and supervised playroom.

So now we are on to fall and as outlined in this brochure, the Rec Dept is again offering a wide array of programming for all ages. As we have in the past year and a half, the programs will be administered under the current COVID mitigations.

In the back section, in addition to our typical fall City departmental information, there are pertinent articles regarding the new senior center at Dorr Township, a new disc golf course in Emricson Park and everyone's favorite subject- City streets!

Enjoy the fall weather and everything Woodstock has to offer and as always, if you have any questions or comments, I can be reached at <a href="mailto:dzinnen@woodstockil.gov.">dzinnen@woodstockil.gov.</a>

### RECREATION DEPARTMENT

Dave Zinnen, Director

815.338.4363 · dzinnen@woodstockil.gov







# **THANK YOU SPONSORS!**

Thanks to the following businesses for sponsoring the Recreation Department's 2021 Summer Events.

> **Northwestern Medicine Home State Bank Woodstock Heating and Cooling** T-Mobile **Next Level Counseling and Wellness Mark Mitchell State Farm**

A Rose Cleaning, LLC **Associated Electrical Contractors. LLC** 

**Athletico** 

The Bike Haven

**Burger King** 

**City Square Dental** 

**Conway Dental** 

**Country Donut, Crystal Lake** 

**Evolve Chiropractic** 

**Farris Dental Design** 

**Kim Keefe's Team Open Doors** 

**Murphy's Flooring** 

Napoli Pizza

**Northwest Healthcare Center** 

Papa Murphy's

**Running Depot** 

Subway

**Turnkey Digital** 

Walmart

**Wolf Eye Care** 

**Woodstock Dolphins** 

**Woodstock Independent** 

**Your Sister's Tomato** 

50 Floor & Water Group Fitness Classes Per Week

Free Towel Service

Heated Indoor Pool

Cardio & Circuit Weight Machines

Pickle Ball Court

**Personal Trainers** 

Spin Classes

Supervised Play Room

**Full Size** 

Gymnasium/Track

Racquetball Court

Free Weights & Rack System

**Tanning Bed** 

Fitness Ropes/Kettle Bells

Large Locker Rooms

Open Basketball

Open Volleyball

Whirlpool

**TRX Studio** 

Sauna



REC CENTER HOURS: Monday–Thursday Friday Saturday & Sunday

5:00 am to 9:00 pm 5:00 am to 8:00 pm 7:00 am to 3:00 pm



820 Lake Avenue, Woodstock 815.338.4363 www.woodstockrecreationdepartment.com

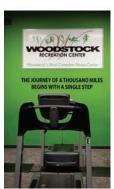
# **FITNESS CENTER**



820 Lake Avenue • 815.338.4363 www.woodstockrecreationdepartment.com







# **EXECUTIVE MEMBERSHIP** | Use of the entire facility

	Monthly Dues	Initiation Fee	Annual Rate 10% discount	<ul> <li>Land and Water Group Fitness Classes</li> <li>Tanning</li> </ul>
1st Family Member 2nd Family Member Young Adult (Ages 14–25) Youth (Ages 4-13)*	\$45 \$35 \$30 FREE (with paren	FREE FREE FREE FREE t membership)	\$486 \$378 \$324 FREE	<ul> <li>Supervised Play Room</li> <li>Cardio and Circuit Weight Machines</li> <li>Fitness Ropes, TRX and Kettle Bells</li> <li>Free Weights</li> <li>Indoor Pool/Whirlpool</li> <li>Gymnasium/Walking Track</li> <li>Dry Sauna</li> </ul>
1st Senior (62 years & older 2nd Senior	) \$35 \$25	FREE FREE	\$378 \$270	<ul><li>Towel Service</li><li>Free Fitness Assessment</li><li>Unlimited Racquetball Court time</li><li>Lockers</li></ul>

# FULL MEMBERSHIP | General use of the facility

	Monthly Dues	Initiation Fee	Annual Rate 10% discount	
1st Family Member 2nd Family Member Young Adult (Ages 14–25) Youth (Ages 4-13)*	\$35 \$25 \$20 FREE (with parent	FREE FREE FREE FREE membership)	\$378 \$270 \$216 FREE	<ul> <li>Cardio and Circuit Weight Machines</li> <li>Fitness Ropes, TRX and Kettle Bells</li> <li>Free Weights</li> <li>Indoor Pool/Whirlpool</li> <li>Gymnasium/Walking Track</li> <li>Dry Sauna</li> <li>Lockers/Towel Service</li> </ul>
1st Senior (62 years & older 2nd Senior	\$25 \$25	FREE FREE	\$270 \$270	<ul><li>Free Fitness Assessment</li><li>Unlimited Racquetball Court time</li><li>Lockers</li></ul>

Family members are defined as parent(s) and dependent children living at the same address.

<sup>\*</sup>Youth/Children 13 years and younger must be accompanied by an adult at all times unless in the supervised playroom area during supervised hours.





820 Lake Avenue • 815.338.4363 www.woodstockrecreationdepartment.com

# **NON-MEMBER PUNCHCARD**

Each punch entitles you to executive use of the Recreation Center.

20-Punch Card \$160 (valid for 6 months) 10-Punch Card \$85 (valid for 3 months)





# **CORPORATE MEMBERSHIP RATES**

Tell your employees that you care by promoting their fitness! Help them attain their fitness goals and reduce your company's health insurance costs by providing them the opportunity to become members of the Woodstock Recreation Center at a reduced rate. A minimum of 5 individuals must participate.

Employees of the following companies are eligable to sign up for discounted Corporate Membership rates:

3 Brothers Restaurant

Associated Electrical Contractors, LLC

Charter Dura-Bar City of Woodstock

Claussen/Kraft

Northwestern Medicine

District 200

Family Health Partnership

Harvard District 50

McHenry County College

McHenry County Conservation District

McHenry County Government Center

MercyHealth

Panera Bread

Pioneer Center

SEAL

St. Mary School

WFRD

For additional information, contact Renée at 815.338.4363 or <a href="mailto:rtorrez@woodstockil.gov">rtorrez@woodstockil.gov</a>.

# **DAILY RATE**

The daily rate allows full use of the entire facility, including group fitness classes, racquetball court time, tanning and supervised play room.

18 years & older | \$10

Ages 14-17 years | \$5

Individuals 17 years and younger must have a waiver signed by a parent/guardian on file before they can utilize the facility.

Ages 4-13 years | \$5

Children 13 years old and younger must be accompanied by a paying adult at all times unless in the supervised play room. *Individuals 4–13 years must have a waiver signed by a parent/guardian on file before they can utilize the facility.* 

### Ages 3 years & under | FREE

Children 3 years old and younger must be accompanied by a paying adult at all times unless in the supervised play room. Play room fees still apply.

# **FITNESS CENTER**

### MEMBER OF THE MONTH

Throughout the year, the Woodstock Rec Center recognizes members that stand out in their commitment, determination and drive to stay fit. Chosen on a monthly basis, these members are highlighted on our wall of fame, receive a unique t-shirt and will be invited to an exclusive party at the end of the year.



### MARK BOCIAN

Mark has been a member of the Woodstock Recreation Center since before it was the Woodstock Recreation Center. He walks in each day with a smile and goes out of his way to learn names and chat with those around him. His kindness to the staff and the members is something that sets him above the rest.



### SUE CONNOR

"Great place, wonderful classes and amazing instructors." Sue Connor



### MANDY GRANDINETTI

"I chose the Rec Center because of Jill. I'm friends with her on Facebook and found her posts to be super inspiring so I took action and joined the gym she taught at. I love all the classes and all the instructors are super nice and very welcoming! I'm so glad I joined and love being a member here." - Mandy Grandinetti



# SUSAN PICTON

Since joining the Woodstock Recreation Center in July of 2019, I have greatly come to appreciate both staff and Water Fitness classmates. Truly, my life has been enriched with not only the ability to enjoy swimming as a daily activity, but also the blessings of meeting so many wonderful people!

Woodstock Recreation swim instructors project a positive attitude, as well as sincere interest, kindness, and motivation for all in attendance. And my fellow classmates, well, they truly bring joy to my life. I am blessed! Sincerely, Susan Picton



# RANCE LUMSDEN

"I have been coming here for centuries, fighting old age. I enjoy talking with the staff and taking Molly and Anita's Land Fitness Classes." -Rance Lumsden



# **MIGUEL ALVAREZ**

"I like the accessibility and the equipment. The people are nice and the staff is friendly." -Miguel Alvarez



# SIM TURNER IR.

"I like coming in. I love the environment and I have met some great people here." -Sim Turner Jr.



# VERNA LOAKER

Not only does she drive 26 miles round trip to workout, Verna Loacker has guite a drive to exercise! She comes to the Rec Center at least 3 times a week. We are most likely to spot her on the NuStep or in Water Fitness Classes.



# **AQUACISE**

# Begins Wednesday, September 1

Classes are subject to change. Be sure to check <u>www.woodstockrecreationdepartment.com</u> for updates and weekend class rotations.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00 am		Judy		Judy			
8:00-9:00 am	Jan	Cheryl	Kathy	Neva	Tara	Instructor Rotates	
9:00–10:00 am		<b>Waterball</b> Tara	<b>Waterball</b> Tara	<b>Waterball</b> Neva	<b>Waterball</b> Tara		<b>AquaZumba</b> Jackie
2:00-3:00 pm					Kate		
6:00-7:00 pm	Kathy/ Cheryl						





# WRC GROUP FITNESS SCHEDULE

# Begins Wednesday, September 1

Classes are subject to change. Be sure to check <u>www.woodstockrecreationdepartment.com</u> for updates and weekend class rotations.

# **LAND FITNESS**

BER 23	MONDAY	THESD AND	WEDNESDAY	TILLIDGD AV	EDID AV
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:30–6:20am GYM	<b>Total Body</b> <b>Strength</b> Kristina	<b>SPIN</b> Tony	<b>Total Body</b> <b>Strength</b> Kristina	<b>SPIN</b> Tony	<b>Total Body</b> <b>Strength</b> Tony
7:30-8:20am GYM			<b>SPIN</b> Emily		
7:45–8:45am GYM	<b>Zumba</b> Judy		Line Dancing Judy Studio		<b>Zumba</b> Judy
7:45–9:00am STUDIO		Core Fusion Pam		<b>Multi-Level</b> <b>Yoga</b> Pam	
8:00–8:45am GYM		<b>SPIN</b> Carrie			
9:00–10:00am GYM	<b>Turbokick</b> Jill	<b>PIYO</b> Molly	Barre Above® Cindy (9:00–9:30am)	<b>Barbell</b> <b>Strength</b> Molly	<b>Kick &amp; Strike</b> Molly
9:30-10:15am STUDIO		<b>Basic Yoga</b> Pam			
9:30–10:15am GYM			<b>Werq</b> Cindy		
10:30–11:30am GYM	<b>Lite N Lively</b> Pam		<b>Zumba Gold</b> Pam	<b>Lite N Lively</b> Pam	<b>Gentle</b> <b>Exercises</b> Pam
4:15-5:15pm GYM	<b>PLYO Jam</b> Violet	<b>Pilates</b> Cindy <i>Studio</i>		Barre Above® Marisa	
5:30–6:30pm GYM	<b>Step</b> Molly	Barbell Strength Tim	Cardio/ Strength Circuit Tim	<b>Turbokick</b> Jill	

### **WEEKEND SCHEDULE** - Classes and Instructors Rotate

	SATURDAY		SUNDAY
		7:30-8:30am MP Room	Yoga
8:00-9:00am GYM	Cardio/Strength	9:00-9:30am GYM	Strength
9:15-10:00am GYM	Dance Fitness	9:30-10:30am GYM	Instructor's Choice

# FITNESS CENTER

**BARBELL STRENGTH** – A strength training workout using barbells and adjustable weights. The class is designed to work every major muscle group in your body by also incorporating the use of hand weights, tubing and body bars.

**BARRE ABOVE®** – Barre Above is a no/low impact class that focuses on functional movements, full range of motion, alignment, strength and flexibility. Barre Above incorporates elements of Ballet, Yoga, Pilates and traditional strength training. This class is suitable or ALL fitness levels.

**BASIC YOGA** – Great class for beginners or anyone who wants a slower paced yoga class. We focus on basic classic yoga postures, alignment and breathing techniques. We explore ways to increase strength, increase range of motion and improve balance. At the end of each class we offer a relaxing recovery. Any necessary props will be provided.

**CARDIO/STRENGTH CIRCUIT** – A cardio/interval/circuit-based workout using light weights, resistance bands, and battle ropes.

**CORE FUSION** – Your core is more than your abs. We will be using strength moves from Pilates, Yoga and Barre to discover your strongest asset.

**GENTLE EXERCISE** – Improve your strength, flexibility, balance and mobility. Gentle exercise is a primarily seated class that will give you all the health benefits of exercise in a relaxed and motivating setting. This is a great workout for pre-rehab/rehab individuals and for those who want to increase strength and range of motion.

**KICK AND STRIKE** – Interval Kickboxing Workout provides an overview of martial arts-inspired, full-body interval workout. This innovative workout incorporates traditional kickboxing combinations, athletic drills and controlled weight-bearing movements that are inspired by stick fighting.

**LINE DANCING** – Have you ever wanted to be able to join the fun at weddings or clubs when you saw people line dancing? In this program you will learn a variety of line dances that will let you join in the fun.

**LITE N LIVELY** – A gentle workout with low impact activities and light weight bearing exercises to build strength, stimulate bone growth and improve balance/posture.

**MULTI-LEVEL YOGA** – Experience a variety of teaching styles in this multi-level yoga class. Yoga offers improved flexibility, strength, balance and the means to learn relaxation techniques to relieve stress. Modifications make this class accessible to all and appropriate props are provided.

**PILATES** – An exercise that consists of low-impact flexibility and muscular strength and endurance movements. Pilates emphasizes proper postural alignment, core strength and muscle balance helping to build a longer, leaner, stronger version of yourself.

**PIYO**® –Using your body weight, you'll perform low-impact, high-intensity movements inspired by Pilates and yoga. With PiYo, you'll work every single muscle to help stabilize, stretch, and strengthen every inch of your body, and burn crazy calories while you're at it.

**PLYO® JAM** –PlyoJam is dance powered by plyometrics! This innovative workout combines cutting-edge dance moves with short, explosive plyometric exercises that shape and transform the body. The ever-changing catalog of fun PlyoJam routines features carefully crafted choreography designed for both dancers and nondancers alike.

**SPIN** – Indoor cycling, often also called spinning, is a form of group exercise with classes focusing on endurance, strength, intervals, high intensity and recovery. High intensity cardio and strength, with little to no impact on the joints. Classes can be set to the beat of the music, or similar to riding outdoors, using resistance, RPMs, watts, time and speed.

**STEP** – A high energy class full of fun and easy "step combos" designed to increase your cardiovascular fitness. Be ready for a great workout. Class winds down with resistance training, core strengthening and stretching.

**TOTAL BODY STRENGTH** – Get a complete full body strength workout by using a variety of fitness equipment. Move through all planes of motion as you build muscular strength, improve endurance and get into fantastic shape.

**TURBO KICK®** – Ultimate cardiovascular challenge utilizing kickboxing and hip hop style moves, complete with bouts of intense intervals and specially designed strength and toning sections. Burn LOTS of calories, while having FUN with great moves and awesome music!

**WERQ®** – A fiercely fun dance-workout class based on pop, rock and hip-hop music. The signature WERQ warm-up previews the dance steps used in class, and the signature WERQ cool down includes balance and yoga-inspired poses. Are you ready to WERQ?

**YOGA** – A variety of yoga will be offered in this class. We will be flowing through poses to create heat and holding poses to build strength. Balance, stretching, and sometimes a challenge pose added into the mix! Modifications are always offered as well as ways to advance in the poses.

**ZUMBA®** – Zumba is a fusion of Latin and International music. The routine features aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is a mixture of body sculpting movements with easy to follow dance moves.

**ZUMBA GOLD**® – When exercise is fun, we are most likely to do it. Join this class and just have fun. No dance experience need. Just great music to go with your moves.

# REC DEPARTMENT INFORMATION

# WHO WILL ANSWER YOUR QUESTIONS?...

### **Dave Zinnen, Recreation Director**

Dave oversees the operation of the Recreation Center, Woodstock Water Works, and the recreation programs offered through the City. He is the Woodstock Challenge Race Director, Heatwave Softball Tournament Director and oversees the Boys and Girls Developmental Basketball League.

Email Dave at dzinnen@woodstockil.gov.

### Mary Lynn Lisk, Recreation Center Manager

Mary Lynn serves as both the Recreation Center Manager and the Office Manager for the Recreation Department. She processes the Recreation Center billing and reviews financial assistance requests for recreation programs.

Email Mary Lynn at mlisk@woodstockil.gov.

### **Alan Dunker, Recreation Program Manager**

Alan coordinates ball field and soccer field reservations, adult leagues, youth fitness and sports, adult programs and tween programs.

Email Alan at adunker@woodstockil.gov.

### Renée Torrez, Recreation Program Manager

Renée coordinates dance, creative arts, early childhood programs and the Summer Playground Program, in addition to Corporate Membership accounts at the Recreation Center.

Email Renée at rtorrez@woodstockil.gov.

### **Becky Vidales, Recreation Program Manager**

Becky coordinates aquatics, fun for kids, seniors, tweens and Woodstock Water Works, in addition to the Recreation Center group fitness programs

Email Becky at bvidales@woodstockil.gov.





820 Lake Ave., Woodstock 815.338.4363 www.woodstockrecreationdepartment.com

### PARKS AND RECREATION COMMISSION

Mike McCleary, Chair; Bruce Farris, Chris Neuhart, Pete Riis and Margaret Miller are volunteer Commission members representing diverse interests within our community for the development and improvement of parks and recreation opportunities in Woodstock. The commission meets the second Tuesday of each month at 7:00 pm at Woodstock City Hall, 121 W Calhoun Street.

### PARK FACILITIES - RESERVATION SCHEDULE

The Recreation Department coordinates the schedules of community athletic organizations, recreation programs and special events within the city parks. We try to have all major events scheduled before March 1. If you are planning a major event, please contact Alan Dunker at adunker@woodstockil.gov or call the Recreation Department at 815.338.4363.

### FINANCIAL ASSISTANCE AVAILABLE FOR RECREATION **PROGRAMS**

The Recreation Department has financial assistance available for recreation department programs for families who reside within Woodstock Corporate City Limits. Assistance is available for individuals and families with low incomes, allowing either a 50% or 100% discount on program fees. Applications are required plus proof of residency, age and eligibility (participation in the school lunch program, Illinois Public Aid, Head Start, SNAP program, and current proof of all household income). Complete details and financial aid guidelines are available from Mary Lynn Lisk, Recreation Department Office Manager, at 815.338.4363 or mlisk@woodstockil.gov.

# CITY OF WOODSTOCK RESIDENT

**NON-RESIDENT** 

Registration begins

Monday, September 13, 2021

at 9:00 am

Registration begins
Wednesday, September 15, 2021
at 9:00 am

# TAKE A CLOSER LOOK

- Phone registrations will not be accepted.
- Don't wait until the last minute! Register right away. In order to provide well organized programs for our participants all registration must be received one week prior to the start of class.
- Late registration will be accepted if there is space and the fee will increase \$5 per registration.
- Registration confirmation will **NOT** be mailed, but can be emailed if a legible email address is provided on the registration form.
- Waitlist participants will be called if/when openings become available or new classes are formed. There is no charge to be included on a waitlist.



# **RESIDENCY**

The Recreation Department is funded by <u>City of Woodstock</u> taxpayers. This subsidy is supported from the general corporate (real estate) tax and is the basis for our Resident/Non-Resident fee structure. The distinction is based on your place of RESIDENCE and whether or not it is within corporate city limits. If you are unsure whether you live within the corporate city limits, call us and we will let you

know. The City of Woodstock reserves the right to ask for verification of residence.

Woodstock Recreation Department is a department of the City of Woodstock and is <u>not</u> a park district (separate taxing body).



### FIND US ON FACEBOOK

SEARCH FOR WOODSTOCK RECREATION DEPARTMENT WOODSTOCK WATER WORKS



# www.woodstockrecreationdepartment.com

RECREATION INFO AT YOUR FINGERTIPS
Recreation Department information is available 24
hours a day on the Woodstock Recreation
Department website.

# REGISTRATION INFORMATION





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820 Lake Avenue, Woodstock 815.338.4363 www.woodstockrecreationdepartment.com

TWO WAYS TO REGISTER Online • Walk-In

City of Woodstock **Resident** Registration begins MONDAY, SEPTEMBER 13, 2021 AT 9:00 am Non-Resident Registration begins MONDAY, SEPTEMBER 15, 2021 AT 9:00 am

# ONLINE

Visit our website at www.woodstockrecreationdepartment.com and click on Online Program Registration.



### **NEW CUSTOMERS**

When adding your household to our database please remember that a household is defined as parent(s) and dependent children (under 18) living at the same address. Maximum of two adults is allowed in a household. Be sure to enter the address where you reside. Residency information is on page 8. If you have questions regarding this please contact our office at 815.338.4363.

Please add all members of your family at one time. To add members at a later date you will be required to visit our office.

### **RETURNING CUSTOMERS**

If you have registered for a program or purchased a pool pass in previous years, please call the Recreation Department for your username and password to eliminate duplicate information and registration delays.

# **WALK-IN**



Come into the Woodstock Recreation Center, 820 Lake Avenue. during office hours and staff will assist with the registration process. Please bring a completed registration form and payment (cash, check, Visa/Mastercard/Discover).



# **AMERICAN RED CROSS LEARN TO SWIM PROGRAM**

# **LEVEL I-III**

Age: 4-13

The American Red Cross Learn to Swim Program is designed to enhance participant's ability to progress from one level to the next. Personal water safety skills and information are included in all levels. It is not unlikely for a child to repeat a level more than once before passing. A child's attention span is also a key skill which is required in passing one level to the next. 8 Classes Min/Max: 6/10

Location: Woodstock Recreation Center Pool, 820 Lake Avenue

Instructor: Krista Baloun

\$85 Resident/\$105 Non-Resident Fee: Fee as of Sept 26: \$90 Resident/\$110 Non-Resident

### LEVEL I

Feel comfortable in the water and enjoy water safely. Skills include: entering and exiting the water unassisted, blowing bubbles with mouth and nose, floating with support, arm action, kicking and water safety skills.

> SESSION PROGRAM # 221011-A Oct 02-Nov 20

Day/Time: Sa/9:30-10:10 am

# **LEVEL II**

Success with fundamental skills such as floating without support, using simultaneous and alternating leg and arm actions, introduction to treading water, finning, changing positions from front to back and water safety skills.

> **SESSION** PROGRAM # 221021-A Oct 02-Nov 20

Day/Time: Sa/10:20-11:00 am

# **LEVEL III**

Additional guided practice to skills from Level II, learning treading water, front crawl, back crawl, beginning head first entries, introduction to scissors kick, elementary back stroke, rotary breathing, introduction to the dolphin kick and water safety skills.

> SESSION PROGRAM # Oct 02-Nov 20 221031-A

Day/Time: Sa/11:10-11:50 am



# **PARENT TOT SWIM**

Age: 1-3 with parent

Fee:

This class is for children that submerge reluctantly or not at all, or require floatation support at all times. A parent must participate in classes and will learn information and techniques to supervise water activities in a safe manner and to help their children develop a comfort level in and around the water. Each week a 30 minute structured class will be followed by 30 minutes of free time to swim with your little one. 3 Classes Min/Max: 6/8

Instructor: Krista Baloun Location: Rec Center Pool Day/Time: Su/11:30-12:30 pm

**SESSION** PROGRAM # Oct 03-17 211161-A Fee: \$35 Resident /\$50 Non-Resident \$40 Resident /\$55 Non-Resident Fee as of Sept 27:

**SESSION** PROGRAM # Nov 07-21 211161-B \$35 Resident /\$50 Non-Resident Fee as of Nov 1: \$40 Resident /\$55 Non-Resident

# **EARLY CHILDHOOD**

# **TROTTING TOTS**

Age: 3-6

Horseback Riding, especially for young children, opens developmental doorways that can lead to a happy and balanced life. This program is designed for 3-6 year olds and builds on the benefits of horseback riding to sharpen focus, instill confidence and improve muscle coordination, core strength, balance and flexibility. Your young child will learn how to communicate with the horse through body signals and cues. They will learn how to groom and saddle a horse as well. Games, songs and body movement in the saddle help develop not only the mechanics of horseback riding but also your child's listening skills, sense of responsibility and creative expression. This class will be one on one with an instructor for 40 minutes for 4 classes. Time slots are available Monday through Saturday.

Register with the Recreation Department and then contact John White Stables (815.245.2585 or whitelisajo@aol.com) to set up your time slot. 4 Classes Min/Max: 1/15

Instructor: John White Stables Staff

Location: John White Stables, 4319 McCauley Rd

Day/Time: M-Sa/9:00am-7:00pm

> **SESSION** PROGRAM # Sep 13-Dec 29 216041-A

\$135 Resident /\$155 Non-Resident Fee:







# **SANTA'S CREATORS CLUB**

Age: 4-6

In Santa's Creators Club, students will participate in various creative-play activities designed to develop their creative, social, and engineering skills. Focused around a fun Christmas theme, your child will have fun while socializing and engaging in activities that promote fine motor skills! Most importantly, they will have tons of fun talking about the holiday season and getting in the Christmas spirit. This is a drop off program students attend independently. Min/Max: 6/10

Instructor: Snapology Staff Location: Rec Center MP Room Day/Time: Sat/10:00-11:15am

> **SESSION** PROGRAM #

227263 Dec 04

\$18 Resident/\$27 Non-Resident Fee. Fee as of Nov 28: \$23 Resident/\$32 Non-Resident

# **ROCK 'N' KIDS**

Play with us! This interactive music, movement and imagination class has everyone on their feet! All class procedures are designed to keep staff and students safe. Activities include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. With a focus on STEAM learning, this program is a unique combination of music and learning. Don't miss out! Join us for musical fun that really can't be beat! www.rockitkids.com 5/6 Classes Min/Max: 4/12

PROGRAM #







Age: 1 with parent

Instructor: Kid Rock Staff Location: Rec Center MP Room A Day/Time: W/9:30-10:10 am

**SESSION** 

Sep 22-Oct 20 216071-A \$55 Resident/\$75 Non-Resident

Fee: Fee as of Sept 21: \$60 Resident/\$80 Non-Resident

> SESSION PROGRAM # Nov 03-Dec 15 216071-B

Fee: \$65 Resident/\$85 Non-Resident





Fee as of Oct 28: \$70 Resident/\$90 Non-Resident



# KID ROCK

Instructor: Kids Rock Staff Location: Rec Center MP Room A

KID ROCK I

Fee:

Age: 2-3 with parent

Day/Time: W/10:15-10:55am

**SESSION** PROGRAM # Sept 22-Oct 20 216081-A \$55 Resident/\$75 Non-Resident Fee as of Sept 21: \$60 Resident/\$80 Non-Resident

> SESSION PROGRAM # 216081-B

Nov 03-Dec 15 (Exc. 11/24)

\$65 Resident/\$85 Non-Resident Fee as of Oct 28: \$70 Resident/\$90 Non-Resident



Age: 3–5 without parent

Day/Time: W/11:00-11:40am

**SESSION** PROGRAM # Sept 22-Oct 21 216091-A

\$55 Resident/\$75 Non-Resident Fee as of Sept 21: \$60 Resident/\$80 Non-Resident

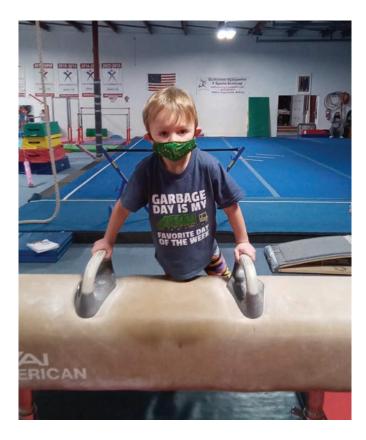
> SESSION PROGRAM # Nov 03-Dec 15 216091-B

(Exc. 11/24)

\$65 Resident/\$85 Non-Resident Fee. Fee as of Oct 28: \$70 Resident/\$90 Non-Resident



# **EARLY CHILDHOOD**



# PARENT TOT GYMNASTICS

Age: 1-2 with parent

This class is designed to enhance motor, listening and social skills through fun gymnastics oriented activities. An adult is expected to actively participate with their child. 5 Classes Min/Max: 4/8

Instructor:

Corkscrew Gymnastics, 2309 Ringwood Rd, Suite Q, McHenry Location:

Day/Time: M/9:15-9:45am

> **SESSION** PROGRAM # Sept 20-Oct 18 216142-A

\$58 Resident/\$78 Non-Resident Fee: Fee as of Sept 20: \$63 Resident/\$83 Non-Resident

> **SESSION** PROGRAM # 216142-A Oct 25-Nov 22

Fee: \$58 Resident/\$78 Non-Resident Fee as of Oct 19: \$63 Resident/\$83 Non-Resident



# **MIGHTY TWISTERS**

Age: 3-4

An introduction to basic gymnastic skills that includes tumbling, low bar, floor beam and motor skills. Children must be potty trained and able to attend class without parent assistance. 5 Classes Min/Max: 4/8

Instructor: Corkscrew Staff

Location: Corkscrew Gymnastics, 2309 Ringwood Rd, Suite Q, McHenry

**GIRLS** 

Day/Time: W/5:30-6:15pm

> **SESSION** PROGRAM # 216162-A Sept 22-Oct 20

Fee: \$78 Resident/\$98 Non-Resident Fee as of Sept 20: \$83 Resident/\$103 Non-Resident

> **SESSION** PROGRAM #

> > 216162-B

\$78 Resident/\$98 Non-Resident Fee: Fee as of Oct 21: \$83 Resident/\$103 Non-Resident

Oct 27-Nov 24

**BOYS** 

Day/Time: Th/4:30-5:15pm

> **SESSION** PROGRAM # 216163-A Sept 23-Oct 21

Fee: \$78 Resident/\$98 Non-Resident Fee as of Sept 20: \$83 Resident/\$103 Non-Resident

> SESSION PROGRAM # Oct 28-Nov 25 216163-B

\$78 Resident/\$98 Non-Resident Fee: Fee as of Oct 22: \$83 Resident/\$103 Non-Resident

# **HOLIDAY SPECIAL EVENTS**

# **BREAKFAST WITH SANTA**

Age: 2 & Up

Children of all ages can enjoy a delicious buffet breakfast just in time for the holidays. In between bites, stop by and see Santa for a photo opportunity or to whisper your holiday wishes in his ear. Pre-registration is required. All individuals attending, age 2 years and over, must register. Min/Max: 25/75

**Location:** Woodstock Moose Lodge, 406 Clay Street

SESSION PROGRAM #

Dec 12 226261-A

**Day/Time:** Su/9:00–10:00am

**Fee:** \$12 Resident

SESSION PROGRAM #

Dec 12 226261-B

 Day/Time:
 Su/10:15-11:15am

 Fee:
 \$12 Resident



# Letters to Santa

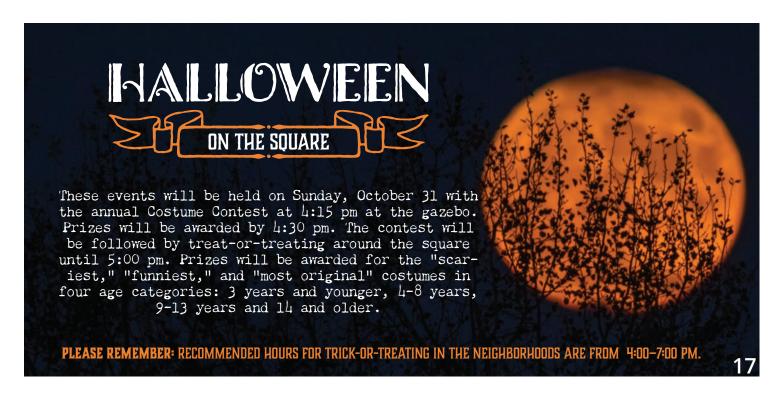
Santa loves to read letters from children who have been good all year!

A special mailbox will be at the Woodstock Recreation Center for kids to drop off their letters for Santa starting November 18.

Please have your letters dropped off by December 10, BE SURE TO INCLUDE NAME AND RETURN ADDRESS, so that Santa can reply with a letter before Christmas.

Sponsored by: <u>MoonFictionalMail</u> Etsy Shop





### HORSEBACK RIDING

Age: 6-18

John White Stables offers a lesson program for all ages. The focus of our program is to provide our riders with confidence, self esteem, a sense of achievement, and an understanding of horses and horsemanship in a safe environment. As their skills develop, riders will be encouraged to participate in local academy shows where they will ride on of our horses and compete against other beginning riders. Helmets are provided and must be worn, along with long pants and leather tie-on shoes or pull up boots (no tennis shoes). The child's parent/guardian must sign a release form. For program dates that fall on a holiday, classes can be rescheduled with JWS. For more information visit the website www.johnwhitestables.com. 4 Classes Min/Max: 2/5

Instructor: John White Stables Staff

Location: John White Stables, 4319 McCauley Rd

Day/Time: M/4:00-5:00pm

> SESSION PROGRAM # Sept 20-Oct 11 227011-A

\$135 Resident/\$155 Non-Resident Fee:

> PROGRAM # Oct 18-Nov 08 227011-B

\$135 Resident/\$155 Non-Resident Fee as of Oct 12: \$140 Resident/\$160 Non-Resident

> **SESSION** PROGRAM #

> > 227011-C

\$135 Resident/\$155 Non-Resident Fee:

Nov 15-Dec 06

Fee as of Nov 9: \$140 Resident/\$160 Non-Resident

> **SESSION** PROGRAM # Dec 13-Jan 03 227011-D

Fee: \$135 Resident/\$155 Non-Resident Fee as of Dec 7: \$140 Resident/\$160 Non-Resident

### MAGIC CLASS

Age: 5-12

Day/Time:

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks from the "Magic Team of Gary Kantor"! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Additionally, you can sign up for this class again and again since brand new tricks are always taught at each session! Min/Max: 10/15

Instructor: Magic Team of Gary Kantor Location: Rec Center MP Room A

> SESSION PROGRAM # Oct 19 227301-A Tu/5:00-5:55pm

Fee: \$20 Resident/\$30 Non-Resident \$25 Resident/\$35 Non-Resident Fee as of Oct 13:

SESSION PROGRAM # Dec 08 227301-B

Day/Time: Wed/5:00-5:55pm

Fee: \$20 Resident/\$30 Non-Resident Fee as of Dec 2: \$25 Resident/\$35 Non-Resident



# **CHESS WIZARDS CAMP**

Age: 6-12

Join us this Winter Break for tons of challenging chess lessons, exciting games, and cool prizes. You will improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a Chess Wizards T-Shirt, trophy, and puzzle folder. Unleash your brain power and spend some of your break time with Chess Wizards! 3 Classes Min/Max: 10/14

Instructor: Chess Wizards Staff Location: Rec Center MP Room A Day/Time: M-W/9:00am-12:00pm

**SESSION** 

PROGRAM# 227284-A

Fee. \$130 Resident/\$150 Non-Resident Fee as of Dec 14: \$135 Resident/\$155 Non-Resident

Dec 20-22





# **SPLAT! SQUISH! SCULPT!**

Age: 4-7

This hands on art class is an utter fantastically orchestrated mess! Delving hands first into all things tactile, this camp has us working with dough, bubbles, paint and more. Not to worry-we'll hose them down, so dress for a mess! 3 Classes Min/Max: 4/1

Instructor: Holly Adkins Location: Rec Center MP Room

> SESSION PROGRAM # Oct 06-20 216021-A

Dav/Time: W/4:30-5:15pm

Fee: \$70 Residents/\$90 Non-Resident Fee as of Sept 30: \$75 Residents/\$95 Non-Resident

# **MULTI MEDIA MADNESS**

Age: 8-12

A fantastic class for the eclectic young artist. This class is designed to incorporate drawing, painting, sculpture, jewelry design and textiles....a perfect place for the artist who loves it all! New projects will be completed each class, so participants can sign up again and again. 3 Classes Min/Max: 4/12

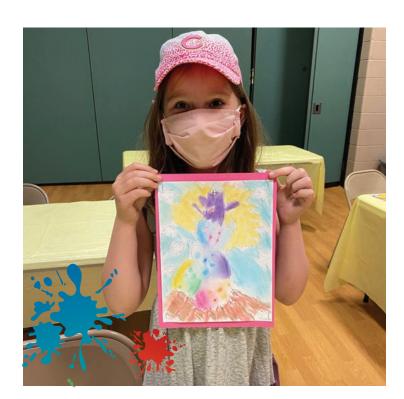
Instructor: Holly Adkins

Location: Rec Center MP Room B Day/Time: W/5:30-6:30pm

> **SESSION** PROGRAM# Oct 06-20

227361-A

Fee: \$75 Resident/\$95 Non-Resident \$80 Resident/\$100 Non-Resident Fee as of Sept 30:





# **FALL BREAK ELEMENTARY CARTOONING CAMP**

Age: 6-12

Drawing and fun are the ingredients for a great time. In Young Rembrandts cartoon classes, our students experience just that. Young Rembrandts' students will capture the spirit of fall as they draw wind expressions, imagine themselves apple picking and get into some great scarecrow expressions. Get ready to have fun and become an amazing cartoonist. Register today!

2 Classes Min/Max: 6/15

Instructor: Young Rembrandts Staff Location: Rec Center MP Room Day/Time: Th-F/10:00am-Noon

> **SESSION** PROGRAM#

Oct 07 & 08 227521-A

Fee: \$60 Resident/\$80 Non-Resident Fee as of Oct 1: \$65 Resident/\$85 Non-Resident

# MONSTER MANIA WORKSHOP

Age: 5-12

Get your scare on with Snapology's Monster Mania! Use LEGO® bricks to create your monsters and ghouls, build a haunted town and have a scary good time during this fun and spook-tacular party! Come and join us, if you dare! This is a drop off program students attend independently.

Instructor: **Snapology Staff** Rec Center MP Room Location: Day/Time: F/5:30-7:30pm

> SESSION PROGRAM #

Oct 29 227261

\$28 Resident/\$42 Non-Resident Fee as of Oct 23: \$33 Resident/\$47 Non-Resident





# **MEGA MACHINES ROBOTICS**

Age: 7-14

In Snapology's Mega Machines class, your child will create some of their favorite motorized vehicles. Students will learn about gear ratio, sensors, pulleys, cranks, and programming as they build trucks, space rovers, helicopters, and much more. Your child is sure to have fun as they build, learn, and play. Min/Max: 6/20

Instructor: **Snapology Staff** Location: Rec Center MP Room Day/Time: W/6:00-7:30pm

> **SESSION** PROGRAM #

Nov 10 227262

\$18 Residents/\$27 Non-Resident Fee. Fee as of Nov 4: \$23 Residents/\$32 Non-Resident

# **POLAR EXPRESS WORKSHOP**

Age: 5-12

All aboard the Polar Express!! Students will design and construct moving train cars using technic engineering LEGO® bricks--then they will explore the science of motion, friction and momentum as their trains brave an imaginary journey to the North Pole. Next we will get into the holiday mood with festive LEGO® builds, games and art activities. Please feel free to wear your holiday pajamas! This is a drop off program students attend independently. Min/Max: 6/12

Instructor: **Snapology Staff** Location: Rec Center MP Room Day/Time: Sa/1:00-3:00pm

> **SESSION** PROGRAM #

Dec 11 227264

\$28 Resident/\$42 Non-Resident Fee: Fee as of Dec 5: \$33 Resident/\$47 Non-Resident



# **YOUTH FITNESS & SPORTS**



# **GIRLS BEGINNER GYMNASTICS**

Age: 5-16

A beginner class for girls that builds strength and power on the floor, balance on the beam, speed on the vault, and coordination on the bars. Also included is time on the TumblTrak, a long trampoline that provides all the benefits of tumbling with less wear and tear on the joints.

5 Classes Min/Max: 4/8

**Instructor:** Corkscrew Staff

**Location:** Corkscrew Gymnastics, 2309 Ringwood Rd, Suite Q, McHenry

**Day/Time:** M/6:30–7:15pm

 SESSION
 PROGRAM #

 Sept 20-Oct 18
 223201-A

Fee: \$97 Resident /\$117 Non-Resident
Fee as of Sept 20: \$102 Resident /\$122 Non-Resident

 SESSION
 PROGRAM #

 Oct 25-Nov 22
 223201-B

Fee: \$97 Resident /\$117 Non-Resident
Fee as of Oct 19: \$102 Resident /\$122 Non-Resident



# **BOYS BEGINNER GYMNASTICS**

Age: 5-16

This class will focus on strength building, flexibility and the basics of boy's gymnastics. 5 Classes Min/Max: 4/8

**Instructor:** Corkscrew Staff

**Location:** Corkscrew Gymnastics, 2309 Ringwood Rd, Suite Q, McHenry

**Day/Time:** W/6:30-7:15pm

 SESSION
 PROGRAM #

 Sept 22-Oct 20
 223201-A

Fee: \$97 Resident /\$117 Non-Resident
Fee as of Sept 20: \$102 Resident /\$122 Non-Resident

 SESSION
 PROGRAM #

 Oct 27-Nov 24
 223201-B

Fee: \$97 Resident /\$117 Non-Resident
Fee as of Oct 21: \$102 Resident /\$122 Non-Resident



# **TUMBLING**

Age: 6-16

Fee:

This class is designed for boys and girls to learn basic through advanced tumbling skills. Skills include handstands, cartwheels, round-offs, back handsprings, and back tucks.

5 Classes Min/Max: 4/8

**Instructor:** Corkscrew Staff

**Location:** Corkscrew Gymnastics, 2309 Ringwood Rd,

Suite Q, McHenry

**Day/Time:** Tu/6:00–6:45pm

SESSION PROGRAM #

Sept 21–Oct 19 223211-A

Fee: \$80 Resident /\$100 Non-Resident
Fee as of Sep 20: \$85 Resident /\$105 Non-Resident

SESSION PROGRAM #

223211-B

\$80 Resident /\$100 Non-Resident

Oct 26-Nov 23

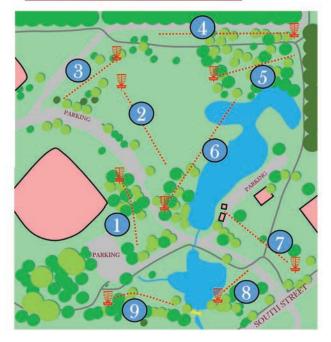
Fee as of Oct 20: \$85 Resident /\$105 Non-Resident



# **YOUTH FITNESS & SPORTS**

# CHECK OUT OUR NEW DISC GOLF **COURSE IN EMRICSON PARK**





# KICKBALL CLUB

Age: 7-11

Grab your friends and join us for Kick Ball Club. Teams will be formed each week as the players arrive. Normal kick ball rules will apply. This is an opportunity for kids to get out and have fun playing in a recess like environment. 5 Classes Min/Max: 8/14

Location: Rec Center Gym

> **SESSION** PROGRAM # Nov 16-Dec 14 223261-A

Day/Time: Tu/4:30-5:20pm

Fee. \$22 Resident /\$33 Non-Resident Fee as of Nov 10: \$27 Resident /\$38 Non-Resident

### **ALL-STAR BASKETBALL**

Grades: K-6

**Beginner** 

The focus of this class will be basketball fundamental techniquesdribbling, passing, shooting, rebounding, and defense, along with an introduction to the rules. Younger players will shoot at an eight or nine-foot basket to encourage proper shooting technique. Low student to teacher ratio ensures your child will receive adequate instruction. All participants will receive a basketball. Class is no contact and participants will stay socially distanced.

4 Classes Min/Max: 10/18 Instructor: Dave 7innen Location: Rec Center Gym

**GRADE K-3** 

SESSION PROGRAM # Sept 14-Oct 05 223182-A

Day/Time: Tu/4:15-5:15pm

Fee: \$35 Resident /\$52 Non-Resident Fee as of Sept 8: \$40 Resident /\$57 Non-Resident

**GRADE 4-6** 

**SESSION** PROGRAM # Sept 14-Oct 05 223182-B

Day/Time: Tu/6:45-7:45pm

\$35 Resident /\$52 Non-Resident Fee: Fee as of Sept 8: \$40 Resident /\$57 Non-Resident

**GRADE K-3** 

**SESSION** PROGRAM# Oct 12-Nov 02 223182-C

Day/Time: Tu/4:15-5:15pm

Fee: \$35 Resident /\$52 Non-Resident Fee as of Oct 6: \$40 Resident /\$57 Non-Resident

**GRADE 4-6** 

SESSION PROGRAM # Oct 12-Nov 02 223182-D

Day/Time: Tu/6:45-7:45pm

Fee: \$35 Resident /\$52 Non-Resident Fee as of Oct 6: \$40 Resident /\$57 Non-Resident



# GIRLS DEVELOPMENTAL BASKETBALL PROGRAM

Grades: 1-4

The focus of this developmental program is the introduction of fundamentals, rules and games situation. Teams practice once a week with games on Saturdays. 1st and 2nd graders will be combined as well as the 3rd and 4th grades. Fee includes a basketball and a reversible jersey. Min/Max: 20/100

### 1ST & 2ND

 SESSION
 PROGRAM #

 lan 03-Mar 19
 223175-A

Fee: \$80 Resident /\$100 Non-Resident
Fee as of Dec 1: \$100 Resident /\$120 Non-Resident

3RD & 4TH

 SESSION
 PROGRAM #

 Jan 03-Mar 19
 223175-B

Fee: \$80 Resident /\$100 Non-Resident
Fee as of Dec 1: \$100 Resident /\$120 Non-Resident





### **GRADES 5TH-6TH**

These leagues will continue to focus on fundamentals but a "step up" from the 1st-4th grade program as score is kept, fouls and violations are called more closely and there is a post-season tournament. The 5th and 6th graders will be combined. Fee includes a basketball and a reversible jersey. Min/Max: 20/100

 SESSION
 PROGRAM #

 Jan 03-Mar 19
 223176-A

 Fee:
 \$80 Resident /\$100 Non-Resident

 Fee as of Dec 1:
 \$100 Resident /\$120 Non-Resident

ALL PROGRAMS WILL HAVE SKILL DEVELOPMENT TRAINING DURING CHRISTMAS BREAK

# REFUND FOR VOLUNTEER BASKETBALL COACHES

Thank You for volunteering! Please e-mail Dave at <a href="mailto:dzinnen@woodstockil.gov">dzinnen@woodstockil.gov</a> if you are interested in becoming a volunteer coach and be sure to fill out your information when registering your child. At the end of the season, head coaches for the 4th-6th grade boys program will receive a \$50 credit; Head Coaches for the 1st-6th grade girls and the 1st-3rd grade boys will receive a \$40 credit.

# YOUTH FITNESS & SPORTS

# **BOYS DEVELOPMENTAL BASKETBALL PROGRAM**

Grades: 1-3

The focus of the developmental program is the introduction of fundamentals, rules and game situations. Teams practice once a week with games on Saturdays. Depending on numbers, the 1st and 2nd graders may be combined. The 3rd graders will have a separate league. Fee includes a basketball and a reversible jersey. Min/Max: 20/100

### 1ST & 2ND

 SESSION
 PROGRAM #

 Jan 03-Mar 19
 223177-A

Fee: \$80 Resident /\$100 Non-Resident
Fee as of Dec 1: \$100 Resident /\$120 Non-Resident

3RD

 SESSION
 PROGRAM #

 Jan 03-Mar 19
 223177-B

Fee: \$80 Resident /\$100 Non-Resident
Fee as of Dec 1: \$100 Resident /\$120 Non-Resident





### Grades: 4-6

These leagues will continue to focus on fundamentals but a "step up" from the 1st-3rd grade program as teams practice twice a week, score is kept, fouls and violations are called more closely, and there is a post-season tournament. Depending on numbers, the 4th graders will have a separate league; the 5th and 6th graders will be combined. Fee includes a basketball and a reversible jersey. Min/Max: 20/10

### 4TH

Fee.

	SESSION	PROGRAM #	
	Nov 29–Mar 19	223178-A	
Fee:	\$100 Resident /\$120 Non-Resident		
Fee as of Nov 1:	\$120 Resident /\$140 Non-Resident		

### **5TH & 6TH**

Fee as of Nov 1

Ή			
	SESSION	PROGRAM #	
	Nov 29–Mar 19	223178-B	
	\$100 Resident /\$120 Non-Resident		
l:	\$120 Resident /\$140 Non-Resident		

# ALL PROGRAMS WILL HAVE SKILL DEVELOPMENT TRAINING DURING CHRISTMAS BREAK

# REFUND FOR VOLUNTEER BASKETBALL COACHES

Thank You for volunteering! Please e-mail Dave at <a href="mailto:dzinnen@woodstockil.gov">dzinnen@woodstockil.gov</a> if you are interested in becoming a volunteer coach and be sure to fill out your information when registering your child. At the end of the season, head coaches for the 4th-6th grade boys program will receive a \$50 credit; Head Coaches for the 1st-6th grade girls and the 1st-3rd grade boys will receive a \$40 credit.

### MINI HIP HOP

Age: 4-6

Mini Hip/Hop is a fun way to introduce the basics of hip hop and movement. 7 Classes Min/Max: 6/10

Instructor: **Emily Sitke** 

Location: Rec Center MP Room B Day/Time: Tu/6:00-6:40pm

> SESSION PROGRAM #

> > 225191-A

\$68 Resident /\$88 Non-Resident Fee: Fee as of Sept 29: \$73 Resident /\$93 Non-Resident

# **HIP HOP**

Age: 7-12

Dancers will learn the basics of the latest Hip/Hop moves while working up a sweat. This class is a perfect way to have fun with friends and get out and get moving! 7 Classes Min/Max: 6/10

Oct 05-Nov 16

Instructor: **Emily Sitke** 

Location: Rec Center MP Room A Day/Time: Tu/6:45-7:25 pm

> SESSION PROGRAM #

Oct 05-Nov 16 225051-A

\$68 Resident /\$88 Non-Resident Fee: \$73 Resident /\$93 Non-Resident Fee as of Sep 29:

# LITTLE DANCERS

Age: 3-5

Your child will learn basic ballet and jazz steps while having fun expressing his/her self through creative movement. Participants should wear comfortable clothes with pink ballet shoes.

7 Classes Min/Max: 6/8

Instructor: Bridget McMinn Rec Center MP Room A Location:

### LITTLE DANCERS I

Age: 3-4

Day/Time: Th/4:15-4:55 pm

> SESSION PROGRAM # Oct 07-Nov 18 215011-A

\$68 Resident /\$88 Non-Resident

Fee: Fee as of Oct 1: \$73 Resident /\$93 Non-Resident

### LITTLE DANCERS II

Age: 4-5

Day/Time: Th/5:00-5:40 pm

> **SESSION** PROGRAM #

Oct 07-Nov 18 215021-A

Fee: \$68 Resident /\$88 Non-Resident Fee as of Oct 1: \$73 Resident /\$93 Non-Resident

### **BALLET**

Age: 5-8

This class offers an introduction of terms and positions. Children will gain confidence in balance and movement and enhance flexibility. Participants should wear comfortable clothes and pink ballet shoes. 7 Classes Min/Max: 6/10

Location: Rec Center MP Room A Instructor: Bridget McMinn Day/Time: Th/5:45-6:25 pm

> SESSION PROGRAM #

Oct 07-Nov 18 215031-A

\$68 Resident /\$88 Non-Resident Fee: Fee as of Oct 1: \$73 Resident /\$93 Non-Resident

Location: Rec Center MP Room A

Instructor: Jamie Pierce Day/Time: Sa/9:45-10:45 am

> SESSION PROGRAM # Oct 02-Nov 13 215031-B

Fee: \$68 Resident /\$88 Non-Resident \$73 Resident /\$93 Non-Resident Fee as of Sept 26:

# **BALLET II**

Age: 7-12

Students will continue to learn ballet positioning and terminology, while working to improve balance and technique. Please wear appropriate dance attire and leather soled pink ballet shoes. Previous enrollment in a FULL year of Ballet I is required.

7 Classes Min/Max: 6/10

Instructor: Bridget McMinn Location: Rec Center MP Room A Day/Time: Th/6:30-7:10pm

> **SESSION** PROGRAM # Oct 07-Nov 18 215041-A

Fee. \$68 Resident /\$88 Non-Resident Fee as of Oct 1: \$73 Resident /\$93 Non-Resident



# **DANCE**

# **MINI POMS**

Age: 5-7

For all of the little ones who have been waiting to take the Poms class, here it is! Mini Poms will teach the basics of Poms, combined with a lot of FUN!

7 Classes Min/Max: 6/9

**Instructor:** Abby Flores

**Location:** Rec Center MP Room A **Day/Time:** Sa/10:45–11:25am

SESSION

PROGRAM #

Oct 02-Nov 13 225061-A

Fee: \$68 Resident /\$88 Non-Resident
Fee as of Sept 26: \$73 Resident /\$93 Non-Resident

# **POMS**

Age: 7-12

Have fun learning the basics of Poms, including a short routine that will be showcased on the last class. Participants should wear comfortable clothes and be ready to move! 7 Classes Min/Max: 6/10

**Instructor:** Abby Flores

**Location:** Rec Center MP Room B **Day/Time:** Tu/7:00–7:40pm

SESSION

PROGRAM #

Sept 28-Nov 09 225081-A

Fee: \$68 Resident /\$88 Non-Resident
Fee as of Sept 22: \$73 Resident /\$93 Non-Resident





# **TAP** Age: 7-12

Fee:

Learn basic Tap progressions and the fundamentals of both classic tap and modern styles. Tap shoes are needed to participate in class. 7 classes Min/Max: 6/8

Instructor:Jamie PierceLocation:Fitness StudioDay/Time:Sa/10:30-11:10am

SESSION PROGRAM #

Oct 02-Nov 13 225101-A \$68 Resident /\$88 Non-Resident

Fee as of Sept 26: \$73 Resident /\$93 Non-Resident

### TWEEN GYM AND SWIM

Age: 10-14

Tweens will have the Pool and Gym all to themselves! We will have some organized games and activities along with refreshments and Raffle Prizes! Min/Max: 20/60

Location:Rec CenterDay/Time:Sa/6:30-8:30pm

 SESSION
 PROGRAM #

 Oct 02
 228021-A

**Fee:** \$10

 SESSION
 PROGRAM #

 Nov 06
 228021-B

**Fee:** \$10

 SESSION
 PROGRAM #

 Dec 04
 228021-C

**Fee:** \$10



# **SPECIAL EVENTS**

# **PIZZA RUN**

Dough-not look behind you, keep your eye on the pie! Meat us at the Main Pavilion in Emricson Park and enjoy a fun Sunday event with family or friends and a walk/run around the 1.5 mile loop. This cheesy run is not a timed event, but the activities and samples of pizza from local businesses will reign supreme! Please register by Thursday, September 30. T-shirt is included but not guaranteed after the deadline.

**Location:** Main Pavilion Emricson Park

**Day/Time:** Su/11:00am

 SESSION
 PROGRAM #

 Oct 10
 250131

Fee: \$20 Fee as of Oct 1: \$30

NEW YORK LIFE WILL JOIN US TO PROVIDE FREE CHILD IDENTIFICATION CARDS

# **ADULT PROGRAMS**

# FALL IN LOVE WITH YOGA

Age: 16 & Up

This fall, travel around Woodstock and participate in classes at various locations. Each location unique to the season! Please bring a yoga mat. Min/Max: 6/15

Instructor: Emily Kunash, Next Level Counseling and Wellness

### **OKTOBERFEST**

Enjoy a morning of yoga at Holzlager Brewing Company. The day is for 21 Years & up only, because a beer will be included in your practice. Prost!

Day/Time: Sa/11:00am-12:00pm

> SESSION PROGRAM # Sept 25 232131-A

\$20 Fee as of Sept 24: \$25

### **SUNRISE YOGA**

Find your center in the middle of the Woodstock Square and begin your day with Yoga at Sunrise. Visit Casting Whimsy for a tea, included in the fee, after your practice.

Day/Time: F/7:00-8:00am

> **SESSION** PROGRAM # Oct 01 232131-B

\$20 Fee: Fee as of Sept 27: \$25

### **SUNSET YOGA**

Emricson Park has beautiful sunsets. Yoga in the evening is a relaxing way to end a fall day. Namaste!

Day/Time:

Th/7:00-8:00pm

**SESSION** PROGRAM#

Oct 07

\$20 Fee. Fee as of Oct 1: \$25

### HAUNTED YOGA

Take center stage at the Opera House for Yoga with Elvira, the Woodstock Ghost.

Day/Time: We/7:00-8:00pm

**SESSION** 

Oct 20

PROGRAM#

232131-C

Fee: \$20 Fee as of Oct 14: \$25



### **ESSENTIAL OILS**

Age: 18 & Up

Join us to learn about the 100% natural benefits of using essential oils. We will cover what essential oils are, how they work, and how to use them safely and effectively while pregnant, on babies, children, and adults. Learn how essential oils can boost immunity, give you relief from sinus congestion, seasonal allergies, trouble sleeping, swelling, muscle aches, fatigue, headaches, anxiety, digestive issues, and so much more. Class will include an essential oil favorite to go home with!

Min/Max: 2/20

Instructor: Tina Scarpelli Location: Rec Center MP Room A

Day/Time: Sa/10:00am-11:30am

> **SESSION** PROGRAM # Sept 25 232431-A

\$13 Resident/\$16 Non-Resident Fee: \$18 Resident/\$21 Non-Resident Fee as of Sept 20:

> SESSION PROGRAM # Nov 20 232431-B

\$13 Resident/\$16 Non-Resident \$18 Resident/\$21 Non-Resident Fee as of Nov 14:



# RAPID ASSAULT TACTICS J.K.D. **SELF DEFENSE**

Age: 16 & Up

Learn real world self defense with simple methods that can put away any attacker. This system was taught to S.E.A.L. Team 6 and numerous Law Enforcement agencies across the county. Covering all ranges of combat from stand up striking, kicking and ground fighting. Based off of Bruce Lee's Jeet Kune Do (The original MMA) and Filipino Fighting systems.

6 Classes Min/Max: 6/15

Instructor: Marine Veteran Jason Hertha

Full Instructor: R.A.T.

(Rapid Assault Tactics Jeet Kune Do)

Location: Rec Center MP Room Day/Time: Th/7:30-8:30pm

Fee:

**SESSION** 

Sept 23-Oct 28 223020-A

PROGRAM #

Fee: \$85 Resident /\$105 Non-Resident \$90 Resident /\$110 Non-Resident Fee as of Sept 14:

> SESSION PROGRAM # Nov 4-Dec 16 223020-B

(exc. 11/25)

\$85 Resident /\$105 Non-Resident

Fee as of Sept 14: \$90 Resident /\$110 Non-Resident

28 Woodstock Recreation Department  $\cdot$  2021 Fall / CITY SCENE

# INTRO TO BALLROOM AND SWING DANCE

Age: 18 & Up

No partner or experience needed. Learn to dance, make friends, have more fun! Build your skills & confidence! Ballroom and Swing dance moves will be taught in this 4 week class. Whether it's your first time or you have been dancing for years, learning to dance will make you feel happy, energized, fit and is a great way to meet people.

4 Class Min/Max: 4/20

**Instructor:** Holly & Chris Adkins

Fee: Opera House Community Room

**Day/Time:** Tu/7:30-8:30pm

SESSION PROGRAM #
Oct 05-26 232021-A

Fee: \$62 Resident /\$82 Non-Resident
Fee as of Sept 29: \$67 Resident /\$87 Non-Resident



# **OPEN VOLLEYBALL**

Age: 18 & Up

Join us at the Recreation Center for open volleyball! This is a drop-in program where teams are formed at random each night.

**Location:** Recreation Center Gym

Fee: Free for Recreation Center Members

\$5 Non-Members Recreation Center

# **PICKLEBALL**

Age: 18 & Up

We have a Pickleball court in the Recreation Center Gym! We have equipment if you need it. Please call 815.338.4363 two days in advance to make a court reservation.

**Location:** Recreation Center Gym

**Fee:** Free for Recreation Center Members

\$5 Non-Members Recreation Center

# **WOMEN'S 5 ON 5 BASKETBALL LEAGUE**

Age: 18 & Up SUNDAY

This is an officiated (2 per game), full court basketball league. This league is governed primarily by IHSA rules, and games consist of two 20-minute halves. Season includes a 7 game season and a single elimination tournament based on league standings.

DEADLINE to register a team is Friday, December 31 by 5:00 pm.

For more information or to receive a team packet, email adunker@woodstockil.gov.

A mandatory captains meeting will be on Tuesday, January 4 at 7:00 pm at the Recreation Center. Max 6 Teams.

**Location:** Recreation Center Gym

**Fee:** \$490/Team plus \$10/Non-Resident player

**Day/Time:** Sunday 2:00–5:00 pm

Season Begins: Jan 9



# YOUTH & ADULT SPORTS ORGANIZATIONS

These organizations provide structured sport opportunities for our community. Although the city works closely with these groups and knows basic schedules and other information, please contact the groups directly for season dates, registration, and general information.

# **BASEBALL/SOFTBALL**

WOODSTOCK GIRLS SOFTBALL: Woodstock Girls Softball is a no-cut program for girls, ages 5-20. Team practices begin in April. The regular season runs from late April - June. Home games are played at Bates Park while away games are played at fields outside of Woodstock. Several "All-Star Tournaments" are played during the month of July to provide a more competitive series of games. WGSL also offers a fall league from the end of August through October. Winter Skills Clinics operate from January until the start of the following season. Potential players and coaches are encouraged to participate in the clinics. Woodstock Storm is also available for 10U and 12U players. This program does require a try-out and tryouts are typically held in August. 10U players need to be registered in the regular Spring/ Summer season. 10U will play in 4-7 tournaments throughout the year. 12U will not play in the recreational Spring/Summer season. They will play 7-12 tournaments throughout the year. This program is for those girls who wish to prepare themselves for the higher level of competition involved in high school and includes several Woodstock area high school coaches and assistants. In addition, WGSL recently initiated Illinois SubZero, a full travel program for 14U, 16U and 18U. Illinois SubZero is led by MCC Head Coach Wally Warner. Tryouts are held at the end of July/early August. Additional details are available on the website.

Website: http://www.woodstockgirlssoftball.org/

**Contact:** Please refer to the website for contact information

Email: woodstockgirlssoftball@gmail.com

**SportsCity Heatwave:** The Heatwave is a travel softball program for players in Woodstock and McHenry County. Heatwave offers competitive travel softball for girls ages 10-18. Teams form in August and play a competitive fall ball season, weekly practice schedule, winter program training (at SportsCity Academy), speed and agility training, competitive spring and summer ball seasons. Our coaches are fully engaged to the development of the young athlete. All athletes will be taught fundamental skill sets, goal setting, meaning of team work and how to compete at the highest level. Players fees include membership to SportsCity Academy in Woodstock, Illinois for all their training needs. All athletes have the opportunity to improve their game with paid lessons from our trainers.Our teams play PGF, ASA, USSSA and NAFA softball tournaments.

Website: www.sportscityacademy.com Contact: Teresa Neel | 815.388.3299 Contact: Rob Neel | 815.388.3495 Email: rtean@comcast.net

WOODSTOCK LITTLE LEAGUE: Woodstock Little League a recreational league. Our league provides opportunities for Woodstock (and surrounding area) youth to participate in fun organized baseball. Our Spring/Summer season begins in April and concludes in late June.

Website: www.woodstocklittleleague.org woodstockillittleleague@gmail.com Email:

Woodstock Challenger Division: Woodstock Little League offers a program for players with special needs. Players can be paired with a "buddy" to make the games more fun. The Challenger Division offers the players the opportunity to enjoy the great game of baseball. The season runs from May through June.

Website: www.woodstockchallenger.org wllchallenger18@gmail.com

WOODSTOCK HEAT TRAVEL BASEBALL: Woodstock Heat baseball is a program for players looking for a more competitive program. Our programs age ranges from 8-16 years old. Heat players compete in regional league play as well as select tournaments. Indoor practice begins in January and the season concludes in July.

Website: www.woodstockheat.org

Email: woodstockheatbaseball@gmail.com

WOODSTOCK AVALANCHE BASEBALL: The Woodstock Avalanche is a travel baseball program for players in D200. Avalanche offers very competitive travel level baseball for players ages 8-17 years old. Tryouts will be held in August, practices begin in January and games played from April-July. Players receive indoor off-season training, play in the McHenry County Baseball League and area tournaments. Visit our website for more information.

Website: https://woodstockavalanche.sportngin.com/

Contact: Tim Oman | 847.217.7034

woodstockavalanche@gmail.com

### **ADULT MEN'S BASEBALL:**

Northern Illinois Men's Senior Baseball League (30 & Up) Northern Illinois Men's Senior Baseball League (40 & Up) Northern Illinois Men's Senior Baseball League (50 & Up)

Contact: Jim Smithson | 815.338.8706

# YOUTH & ADULT SPORTS ORGANIZATIONS

# CHEERLEADING

### WOODSTOCK THUNDER YOUTH CHEERLEADING: The

Woodstock Thunder Youth Cheerleading, ages 5-14, is an instructional program that teaches youth girls the fundamentals of cheerleading. This program cheers for the Woodstock Thunder Youth Football League. The season runs late July-November.

Website: <a href="www.woodstockyouthfootball.com">www.woodstockyouthfootball.com</a>
E-mail: <a href="www.woodstockyouthfootball@gmail.com">woodstockyouthfootball@gmail.com</a>

# FOOTBALL

**ST. MARY'S FIGHTING IRISH FOOTBALL:** St. Mary Youth Football program is a competitive/instructional program for boys and girls age 7-14. We have been fielding championship teams since 1926 and play teams in the surrounding communities. The season runs from late July-October and includes weekly practices and Saturday games.

Website: <a href="https://www.stmaryfootball.com">www.stmaryfootball.com</a>
Email: <a href="mailto:stmaryfootball@outlook.com">stmaryfootball@outlook.com</a>

**ST. MARY'S FIGHTING IRISH FLAG FOOTBALL:** St. Mary Youth Football offers youth flag football for 5 through 8 year olds. We focus on skills and fundamentals for the boys and girl, with games against surrounding communities. If you would like more information please contact us.

Website: <a href="mailto:www.stmaryfootball.com">www.stmaryfootball.com</a>
Email: <a href="mailto:stmaryfootball@outlook.com">stmaryfootball.com</a>

**WOODSTOCK THUNDER YOUTH FOOTBALL:** The Woodstock Thunder Youth Football is a fun/ competitive/instructional program for all boys and girls ages 7-14. Woodstock Thunder youth football plays in the TCYFL Football League. The season runs late July-November.

Website: <a href="https://www.woodstockyouthfootball.com">www.woodstockyouthfootball.com</a></a>
<a href="mailto:com">com</a></a>

# WOODSTOCK THUNDER YOUTH FLAG FOOTBALL: The

program provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork and sportsmanship. It is played in a coed 7 on 7, and all players are involved. The season runs from late August-October. Boys and Girls ages 5-7.

Website: <a href="www.woodstockyouthfootball.com">www.woodstockyouthfootball.com</a>
E-mail: <a href="www.woodstockyouthfootball@gmail.com">www.woodstockyouthfootball.com</a>

# **SQUARE DANCING**

WOODSTOCK SQUARE DANCE CLUB would like to challenge you to learn to square dance. This dance is NOT like the dance you learned in school. You will have the opportunity to have fun and make new friends. Lessons are open to all ages. In just a short time, you will be able to get out on the dance floor and have a good time. Lessons will start on September and January. Look for announcements on our website or in local newspapers

Website: www.woodstocksquares.wix.com/woodstocksquares

Contact: Christine Steffy | 847.271.2403 Email: woodstocksquares@gmail.com

# SOCCER

WOODSTOCK UNITED SOCCER ASSOCIATION (WUSA) - RECREATION & TRAVEL SOCCER: Woodstock United Soccer Association is a member of the Illinois Youth Soccer Association (IYSA) providing youth soccer for girls and boys ages 4 – 18 from Woodstock and the surrounding communities.

**Recreation Program** is for players to learn fundamentals of the game while developing self-esteem, teamwork and a healthy winner's attitude. Age groups U4 – U8 play an in-house schedule; while age groups U9 – U14 play in the Northwest Recreational Soccer League (NRSL) against other recreational programs from the McHenry County area. High school girls play in the Northern Illinois High School Recreational Soccer League, commonly referred to as the Blackmore League. High school boys play in the High School Soccer League (HSSL).

Crossfire Travel Program is a program that takes the players the next step into competitive soccer. Our goal is to emphasize competitive soccer through individual development, team commitment, good sportsmanship, positive attitude and soccer fundamentals to provide our players with the skills to prepare them to play in High School and eventually College. We achieve this by using USSF licensed soccer coaches to organize and train youth travel teams that seek the highest level of team competition at local, state and regional levels.

Website: www.woodstockunitedsoccer.org
Email: info@woodstockunitedsoccer.org

# YOUTH & ADULT SPORTS ORGANIZATIONS

# **BASKETBALL**

### **WOODSTOCK HOOPS BASKETBALL ASSOCIATION: A**

highly competitive boys' travel basketball program with the goal of preparing players to compete at the Varsity level. The program is open to players in 4th through 8th grade. Tryouts are held each year in October for players in 4th-6th grade and December for players in 7th and 8th grade. The program focuses on team skill development and strives to increase each player's basketball IQ.

Contact: woodstockhoops1@gmail.com

Website: https://www.facebook.com/WoodstockHoops/

**WOODSTOCK NORTH JR THUNDER BASKETBALL: JTBA** is a feeder program for 5th-8th grade boys who will attend Northwood Middle School or Woodstock North High School. The program is designed to prepare players for high school competition. The 5th and 6th graders begin practice in November; the 7th and 8th grade programs begin during Holiday Break at the conclusion of the Northwood Middle School basketball season.

Contact: Dave Zinnen | 815.482.3352 dzinnen@woodstockil.gov Email:

Travel Girl's Basketball: Travel basketball for Woodstock's

youth girls grades 5-8.

E-mail: woodstockgirlsbasketball@gmail.com

Contact: Rich Scolio | 847.612.6210

### WOODSTOCK RECREATION DEPARTMENT'S BOYS & GIRLS DEVELOPMENTAL BASKETBALL LEAGUES -

**GRADES 1-6:** This program's focus is the introduction of basketball fundamental techniques- dribbling, passing, shooting, rebounding, and defense- along with an introduction to the rules, and game situations. Younger players will shoot at an eight or nine foot basket with an age appropriate size ball to encourage proper shooting technique. Practices occur weekday evenings in the schools with games on Saturday. The 4th, 5th, and 6th grade boys begin in November; the 1st-3rd grade boys and 1st-6th grade girls begin in December. Fee includes skill development sessions, practices and games, reversible jersey, and basketball

Website: www.woodstockrecreationdepartment.com

**Contact:** Dave Zinnen | 815.338.4363 dzinnen@woodstockil.gov Email:

THE WOODSTOCK DOLPHINS SWIM TEAM (WDST) (AKA WOODSTOCK SWIMMING ASSOCIATION): The Woodstock Dolphins is a year-round, USA Swimming sanctioned, competitive swim team offering kids ages 5-18 the opportunity to learn and develop competitive swimming technique and skills in an encouraging team environment. Swimmers new to competitive swimming learn to master all four strokes while the advanced competitive swimmers continue to develop speed and endurance. All swimmers will challenge themselves through competition at swim meets throughout northern Illinois and southern Wisconsin. The fall/winter season runs August through February with the summer season running April through July. Our summer season includes local recreation competitions within the North Central Illinois Swim Conference (NCISC). Partial season options are available for swimmers who participate in High School athletics. A Trylt! Orientation Program is offered in August and April for anyone interested in

knowing more about our swim team program. Check

out our website for more details including registration

Website: www.woodstockdolphins.com

# **WRESTLING**

information.

### WOODSTOCK CYCLONES YOUTH WRESTLING

**CLUB:** The Woodstock Cyclones Youth Wrestling Club is registered through the Illinois Kids Wrestling Federation and USA Wrestling. We are committed to providing a safe and supportive environment for kids ages 5 to 14 that want to learn the sport of wrestling. We will offer a learning atmosphere that is appropriate for all skill levels and experience ranging from the fundamentals and basic rules of the sport to advanced technique for those wrestlers ready to compete at the highest levels. Registration open on-line in August for the upcoming season that runs November-March.

Website: www.woodstockcyclones.com **Contact:** Jr Reyes | 815.378.2949 woodstockcyclones@gmail.com Email:

### **CRYSTAL LAKE WIZARDS YOUTH WRESTLING CLUB:**

The Crystal Lake Wizards Youth Wrestling Club has just completed its 25th season and was awarded the designation of one of the Top 50 Wrestling Clubs in the country by USA Wrestling. The Wizards are registered through the Illinois Kids Wrestling Federation and USA Wrestling. We are committed to providing a safe and supportive environment for kids ages 5-14 that wish to learn the sport of wrestling. Our main goal is to introduce wrestling in a competitive but fun environment and to foster a young wrestler's potential through serious commitment. For additional information on the premire youth wrestling club in northern Illinios, please go to our website.

Website: www.crystallakewizards.com Contact: Tony Fontanetta | 815.459.3819



Northern Illinois Special Recreation Association

NISRA's mission is: enriching the lives of people with disabilities through meaningful recreation experiences and its values are: Fun, Professional, Innovative, Compassionate and Trustworthy.

Do you know someone with a disability who would like to go out, have fun and make friends? Since 1976, NIS-RA has provided recreation programs for people with disabilities. Socializing, building physical skills, learning, relaxation and fun are some of the benefits gained from participating in NISRA's year round activities. Sports, fitness, social, cultural, outdoor and preschool programs, along with camps, special events and trips offer enjoyment for children, teens, and adults of all ability levels.

The Woodstock Recreation Department, along with 12 other districts is a member of NISRA. Pick up a brochure at our 820 Lake Avenue office, view it on-line at <a href="https://www.nisra.org">www.nisra.org</a> or call NISRA at 815.459.0737 to have one mailed to you.

NISRA Staff - NISRA's full time professional recreation staff hold college degrees in Therapeutic Recreation or related fields, along with various certifications. Parttime staff and volunteers help people with disabilities learn new skills and have fun. Do you have a talent to share and some time to give? Contact NISRA to learn more about part-time work or volunteering.

### How about a Woodstock Recreation Dept Program?

- NISRA staff assist our staff with including residents with disabilities in our recreation programs. Types of support may include staff training, adapted equipment, sign language assistance or a program aide. Call 815.459.0737 with questions about inclusion, or contact Woodstock Recreation Department to register for a program.

**Special Olympics** - NISRA provides local Special Olympics training in 15 sports. Athletes develop skills and have the opportunity to compete at district, state, national and international levels. Volunteer coaches and officials are needed for some sports and training is provided.

NISRA...serving residents with disabilities in:
Barrington Park District, Cary Park District, Crystal
Lake Park District, Dundee Township Park District,
City of Elgin, Hampshire Township Park District, City
of Harvard, Huntley Park District, Village of Lake in
the Hills, Marengo Park District, City of McHenry,
Wauconda Park District, City of Woodstock.

**Check out NISRA on the Internet** - Log on, check it out and give us your feedback! <u>www.nisra.org</u>.









# POLICE DEPARTMENT

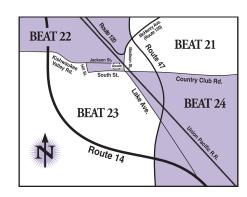


Chief of Police John Lieb cordially invites you to attend his monthly "Coffee with the Chief" open house to share a cup of coffee and let him know what's on your mind. The informal get-togethers are held the second Monday of every month from 7:00 p.m. to 8:30 p.m. in the Community Room at the Police Department located at 656 Lake Avenue.



Chief Lieb is eager to answer any questions you may have or discuss specific concerns impacting your quality of life in our Community. In addition to Chief Lieb, there is a guest speaker who speaks about his or her job experiences as they relate to the Police Department or the City, or someone from an outside agency or organization that Chief Lieb feels would be of interest or beneficial to "coffee" attendees. Recent speakers have included: Jennifer Synek, Supervisor of the Northeast Regional Communications Center (NERCOM), on the challenges of dispatching calls for service for multiple agencies; Permanent Beat Officer Lucas Schmidt discussed the benefits of Gracie Survival Tactics (GST) as it relates to police officer defense techniques; and Officer Fred Eiselstein spoke on the importance of remaining physically fit for duty as a seasoned officer.

If you have a topic you would like Chief Lieb to consider for "Coffee with the Chief," please contact Office Coordinator Tamara Reed with your suggestions at 815.338.6787 or at <a href="mailto:treed@woodstockil.gov">treed@woodstockil.gov</a>.



### **POLICE BEAT OFFICERS**

The Police Department has divided the City of Woodstock into four geographical areas for its Permanent Beat Officer Program. These areas, or police beats, have Officers assigned to them on an annual basis. The program allows Officers to get to know their individual beat and the residents who live and work there and to become familiar with the problems and concerns specific to that area. Officers have been trained in various Community Policing and Problem Solving Policing concepts and strive to work with the residents of their police beat for safety, service and problem resolution.

Some of the projects that the Permanent Beat Officers continue to work on include: gang graffiti eradication; parking enforcement in and around the Square; dog owners and leash laws; youth riding bicycles and skateboards on the Square; and analyzing traffic crash data on Route 47 to identify problem areas.

Residents may contact their beat Officers at any time by phone (815.338.2131); mail (656 Lake Avenue) or email (either use the first initial of your Officer's first name and his entire last name plus @woodstockil.gov or direct it to your specific beat number as in PBO21@woodstockil.gov.)

Beat 21 Officers are Ivan Carreno (M), Andrew Reitz (D) and Fred Eiselstein (A). Beat 22 Officers are Mark Kivley (M), Hector Meza (D) and Lucas Schmidt (A).

Beat 23 Officers are Daniel Henry (M), Paul Farnum (D) and David Dempsey (A). Beat 24 Officers are Brett Muehlfelt (M), Adam Fischer (D) and Christopher Gallman (A).

M = Midnight Shift 12:00 A.M. to 8:30 A.M.

D = Day Shift 8:00 A.M. to 4:30 P.M.

A = Afternoon Shift 4:00 P.M. to 12:30 A.M.

Specific Patrol Sergeants have been assigned to each beat to better coordinate the efforts of the Permanent Beat Officers. They are as follows:

Beat 21 Sergeant Robby Branum

Beat 22 Sergeant Jeremy Mortimer

Beat 23 Sergeant George Kopulos

Beat 24 Sergeant Joshua Rapacz

For questions regarding the Permanent Beat Officer Program, please contact Deputy Chief Arthur Ray Lanz at **815.338.6787** or at **alanz@woodstockil.gov**.

# **POLICE DEPARTMENT**

# START A NEIGHBORHOOD WATCH PROGRAM

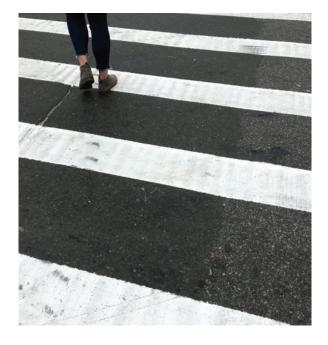
The Woodstock Police
Department assists
neighborhoods in forming
"Neighborhood Watch"
programs. For more
information, please contact
Sergeant Rob Branum
at 815.338.2131 or at
rbranum@woodstockil.gov.



# **PEDESTRIANS**

No matter what the season, motorists need to be mindful of the pedestrian's right-of-way at crosswalks. The Illinois Vehicle Code 625 Section 5/11-1002 states, "When traffic control signals are not in place or not in operation the driver of a vehicle shall stop and yield the right-of-way, slowing down or stopping if need be to so yield, to a pedestrian crossing the roadway within a crosswalk..."

The Woodstock Police Department urges motorists to be alert for pedestrians both on City sidewalks, and the pathways in City Parks, and yield to pedestrians as required by Illinois Law.



# SENIOR CITIZEN CALL-IN PROGRAM

It is understood that many Senior Citizens within our Community live alone without the benefit of a local family member to check on them frequently. In an effort to provide peace-of-mind and a sense of well-being for our Community's Seniors, the Police Department offers the Senior Citizen Call-In Program.

To be eligible to participate in the program:

- 1. A person must be sixty-five (65) years of age or older.
- 2. A person must live alone in a single-family residence (which includes townhomes, apartments and condominiums) which is not part of any senior citizen facility, senior citizen assistance organization or any other organized assisted living program or situation.
- 3. A person who has no immediate family residing within McHenry County, Illinois.



Those eligible to enroll in the program will need to complete a simple and confidential one-page application form as well as executing a waiver form. It will additionally be necessary that the participating Senior Citizen provides the Police Department with a key to their residence to be used in the event of an emergency. This key will be securely stored in a locked box at the Police Department.

Once accepted into the Program, the Senior Citizen is responsible for calling the Police Department Communications Center between the hours of 6:00 a.m. and 10:00 a.m. each and every day of the week. If this call is not received by 10:00 a.m., a Telecommunicator will call the Senior's residence to check on their well-being. If there is no answer at that time; a Police Officer will be sent to the residence and, using the key provided, will ascertain whether or not help is needed.

Senior Citizens interested in obtaining an application to be considered for participation in the program are encouraged to contact Office Coordinator Tamara Reed at 815.338.6787 during the hours of 8:30 a.m. to 5:00 p.m. Monday through Friday.

# POLICE DEPARTMENT

### SCHOOL'S OPEN

Just a reminder to everyone that school is now back in session for all of our community's children. While driving please be alert to the additional pedestrian traffic as children walk to and from school each day. Illinois law requires drivers to stop and yield to pedestrians in crosswalks. Remember to obey the 20 MPH speed limit in designated school zones. In addition, be alert to school bus stop arms and warning lights indicating that the bus is loading or unloading students. No vehicle may overtake or pass a school bus with the stop arm extended.

The Police Department will have extra patrol assigned around the schools initially to help ensure safety while everyone becomes accustomed to school being open again. PLEASE DRIVE CAREFULLY!





# **HALLOWEEN**

Halloween can be a fun and exciting time for children, but it can also be a frightful time for parents. To help ensure everyone has a fun and festive Halloween, the Woodstock Police Department offers the following safety tips:

### For Homeowners:

- Make certain that your yard and sidewalk are clear of obstacles or decorations that may be hard to see in the dark.
- Keep your house well lighted both inside and outside.
- Don't wait to report any suspicious or criminal activity to the police department.

### For Trick-or-Treaters:

- Try to make use of facial makeup instead of masks, as they may obstruct one's vision.
- Keep costumes short to prevent the wearer from easily tripping.
- Wear brightly colored costumes or attach reflective strips to costumes and bags. Also, carry a flashlight or glow stick once it gets dark out.
- Watch out for cars and be careful around jack o'lanterns or other decorations with burning candles.
- Visit homes in your neighborhood that you are familiar with.
- Always let your parents inspect your candy before you eat it and dispose of any item with a torn wrapper or that you are suspicious of. When in doubt – throw it out!

The recommended hours for trick or treating in the City of Woodstock are 4-7 p.m. on Sunday, October 31, 2021.

# **COMMUNITY CENTER DIRECTOR READY TO SOAR@DORR**

The partnership between Dorr Township and the City of Woodstock to create a newly-furnished drop-in senior community center is well underway with the hiring of a full-time Center Director, Laura Wassinger. Wassinger's start date in her new role was the first week of August, 2021.

Wassinger most recently held the position of Senior Center Supervisor for Northbrook Park District and comes to the Woodstock area from her home community of Bensenville. She has extensive expertise developing programs and special events with a focus on older adult interests and abilities. She offers an educational background from NIU and Roosevelt University, earning a BGS degree in Gerontology, with certifications in CPR/ AED and Mental Health First Aid.

Wassinger's community engagement experience includes many years as a member of Bensenville's Senior and Disabled Council, as well as their Arts Council. She was elected and served on the Executive Board of Fenton High School District 100 School Board, earning an INSPRA Award (Illinois Chapter of National Public Relations Association) for her dedication to student education. Wassinger received accolades most recently as a 2020 Local Hero from Northbrook Patch for her community outreach efforts during last year's pandemic.

The expanded SOAR (Serving Older Adult Residents) @DORR Community Center debuts with a Grand Opening planned for late September. The Center will offer daytime hours for drop-in socialization along with a bistro area for refreshments. A wider variety of scheduled entertainment such as movies, games, crafts, presentations and day trips will be developed based on community interests.

Funding for the start-up phase of the project is provided by Dorr Township and by the City of Woodstock's Transformational Grant from the Community Foundation for McHenry County. Development of a drop-in older adult facility was an identified priority outlined in the City's 2021 Age-Friendly Livable Community Action Plan. Stop by the SOAR@DORR Center at 1039 Lake Avenue and say Hello to Laura! For questions, contact her at <code>laura@dorrtownship.org</code>.



# LAURA, I'M READY TO SOAR PLEASE CONTACT ME AT: Name Email Phone Home Address \_\_\_\_\_ I'd love to help volunteer with program & events \_\_\_\_\_ I'd like to serve on a SOAR Center Advisory Council \_\_\_\_ I'm able to help design/print/mail a SOAR Newsletter \_\_\_\_ Other skills/interests: Please mail, email or drop off to Laura at Dorr Township, 1039 Lake Avenue



# **PUBLIC WORKS**



### LEAF COLLECTION

During a four-week period this fall, beginning on Monday, October 25, the Department of Public Works will provide two methods for leaf collection. Bulk collection involves City crews towing large vacuums along the edge of the roadway to pick up piles of leaves that residents have raked to the parkway. While this method is very effective, it is not possible to guarantee collection of every leaf. Timing of the leaf drop, parked cars, wind, rain, temperature and resident's ability to rake the leaves to parkway can all affect the bulk collection process.

Should a resident choose to utilize the City's bulk collection service, it is imperative that they avoid raking leaves into the street. Doing so allows the leaves to wash onto storm water collection grates and into the underground pipes which can increase the chance of flooding during rain events.

Also, please do not park any vehicle on the street within twenty (20) feet of any leaf pile.

Another more complete method of leaf collection, is to place leaves curbside in compostable paper bags. A third option, and one that provides direct benefit to turf lawns, involves individual property owners mulching leaves into smaller particles and allowing the mulch to remain on the lawn. While the resulting material changes the familiar appearance of the turf, the particles decompose into the ground, providing valuable nutrients to the soil.

Bulk leaf collection will progress along the following schedule:

Monday, October 25

FINAL COLLECTION NORTH OF

Monday, November 8

Monday, November 1

FINAL COLLECTION SOUTH OF

Monday, November 15

(Please note, this work is weather permitting. Residents interested in bulk collection must have leaves raked to the parkway by 7:00 am on Monday; the week collection is scheduled to take place.)

Because of the increased traffic, bulk collection of leaves along state highways is more dangerous for the leaf collection crews. If possible, residents along Route 47 and Route 120 are encouraged to bag their leaves and contact the Public Works Office to arrange for collection. This, however, is only a request and is not mandatory.

Once the scheduled bulk collection portion of the program has been completed, the Department of Public Works will continue to collect bagged leaves until 12:00 pm on Friday, December 17, 2021. Please place the bagged leaves at the curb and contact the Department at pwdept@woodstockil. gov or 815.338.6118 to arrange for pickup.

Residents who prefer to bag their leaves may contact the Department of Public Works at any time throughout the program to request a pickup at pwdept@woodstockil.gov or 815.338.6118. Leaves must be placed curbside in compostable paper bags only.

# **HYDRANT FLUSHING**

The fall hydrant flushing program will be administered over a period of 3 weeks. It is scheduled for:

**ALL HYDRANTS EAST** 

Sept. 20 - Sept. 28

Sept. 29 - Oct. 8

There is no scheduled hydrant flushing on Saturdays or Sundays.

During this period, some loss of pressure and discoloration of water may occur. This condition does not present any health hazard and is temporary. Due to this discoloration, residents are urged to check their water quality prior to doing laundry and to avoid doing any laundry when hydrants are scheduled to be flushed in your area. If you have any questions regarding the hydrant flushing program, or when flushing will occur in your neighborhood, please contact the Department of Public Works at pwdept@woodstockil.gov or 815.338.6118.

The City encourages residents to check the water connections to your clothes washing machines. In many cases, these connections are rubber hoses which become weak, corroded and/ or damaged over time. Consider changing these hoses before hydrant flushing begins to ensure there is no further damage due to changes in pressure in the water system.



### SAFETY TIPS FOR DRIVERS

Throughout the year, the Department of Public Works is involved in a variety of activities on the City's roadways. Activities might include but are not limited to: street sweeping, maintenance of storm and sanitary sewers, excavation, right-of-way mowing, tree maintenance, and/or asphalt maintenance. Below are some tips to keep yourself, and those operating in a work zone, safe.

- **SLOW DOWN AND KEEP BACK.** Leave plenty of room for equipment and workers to operate. Two car lengths is a good rule of thumb.
- **BE PREPARED TO STOP.** City equipment may need to move at much slower speeds than other vehicles, and operators may need to stop frequently.
- MAKE EYE CONTACT. If you are unsure what a piece of equipment or a worker is about to do, wait and make eye contact they may finish the task, or if it is safe to do so, they may stop and wave you through before continuing their work.
- TEACH CHILDREN TO STAY BACK. Although children generally find heavy equipment fascinating, the safest place for them to observe is from the yard or sidewalk and away from the work zone.
- STAY OFF ELECTRONIC EQUIPMENT WHILE DRIVING. It goes without saying if you are looking at an electronic device while driving, you are putting everyone in your vehicle, as well as those in or near any maintenance area in serious danger (not to mention in Illinois, cell phone use is prohibited while driving and fines are even higher in school and construction zones).

### WOOD CHIPS AVAILABLE TO RESIDENTS

Residents may pick up wood chips, free of charge, behind the Department of Public Works facility at 326 Washington Street. Please be sure to bring your own container(s) and shovel for loading. For more information, please contact the Department of Public Works at <a href="mailto:pwdept@woodstockil.gov">pwdept@woodstockil.gov</a> or 815.338.6118

# **RIGHT-OF-WAY OPENING PERMITS REQUIRED**

The City of Woodstock requires the issuing of a Rightof-Way Opening Permit before a resident or contractor begins work within the public right-of-way. Types of activities requiring a Right-of-Way Opening Permit may include, but are not limited to: planting a tree, replacing or installing a new driveway approach, replacing public sidewalk, re-grading the tree bank area or repairing a water or sewer service. Permit applications are available online at www.woodstockil.gov/publicworks under forms. Completed permits should be submitted to the Department of Public Works at 326 Washington Street or pwdept@woodstockil.gov. Please note, Illinois state law requires contacting JULIE before any digging project begins, no matter how big or small the project may be. Use their online request system at www.illinois1call.com, or call JULIE's toll free number 800.892.0123

### SANITARY SEWER BACKUPS

A sanitary sewer backup into a home can occur without warning due to a number of reasons, including a collapse or blockage of the private sewer service (tree roots, debris, grease, etc.), storm water infiltration or a blockage in the City's sewer main. It is important that as soon as a backup occurs, the property owner contact the City to inspect its main. If the blockage or problem is found in the city's main, there is no fee to remove it. However, if it is found in the private sewer service, the property owner will be advised to take the necessary steps to alleviate the backup and/or repair the damage.

Residents experiencing a sanitary sewer backup Monday through Friday, between 8:30 am and 5:00 pm, should immediately contact the Department of Public Works at 815.338.6118. Outside of these hours, please use the Woodstock Police Department non-emergency number, 815.338.2131 and a Public Works employee will be dispatched.

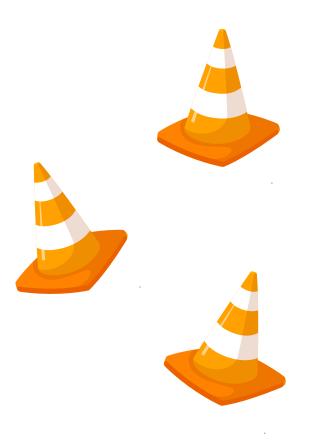
# STREET SMART PROGRAM UNDERWAY TO FIX AILING ROADWAYS

Woodstock is located in a more historic rural area, with much older infrastructure than is found in some other McHenry County cities. The costs to fix 120 miles of roadway are substantial; therefore, improvements must be budgeted and scheduled over a period of time using considerable professional input and oversight to maximize cost efficiencies.

Woodstock City Council believes that improving Woodstock's streets cannot wait any longer and approved the Enhanced Street Maintenance Program on August 3, 2021. Here's some highlights to better understand the plan:

# Q. WHAT WAS PROPOSED AND APPROVED?

A. With guidance from the City Engineering Division and a professional engineering firm, Woodstock's Public Works Department researched, analyzed, and proposed an enhanced street maintenance plan that Woodstock City Council approved. This process included the development of a comprehensive inventory of the City's streets, including a rating of the pavement condition for each road segment. A review of several financing strategies was then completed, resulting in the selection of a four-year program that will result in improving 80% of the City's 120 miles of streets.



# Q. WHEN DOES IT START?

A. Improvements were already started in 2020, when 22 miles of roadway were completed. Expanded construction activities were deferred for 2021 due to the pandemic. However, one additional mile of repairs will be completed by the end of this year. The first year of the recently-approved program will be bid in early 2022 and work will commence as soon as weather allows, most likely in mid-May.

# Q. WHY WASN'T MY STREET FIXED, IT JUST CONTINUES **TO GET WORSE!**

A. Failed streets require a much larger investment of time and money to repair. Instead of simple surface work, additional analysis and budgeting is required to schedule repairs to underlying utilities, water mains, and curb and gutter. In the previous program, annual funding was limited and focused on repairing more rapidly a much larger area of streets, ultimately saving millions of dollars in maintenance costs over time. A majority of the failed streets will now be addressed in the four-year plan just approved.

# Q. WHAT WILL OUR PCI RATING BE WHEN THIS **PROGRAM IS FINISHED?**

A. The Pavement Condition Index (PCI) rating is a tool used to assess the City streets based on engineering measurements. The overall average PCI rating is utilized to manage and assess the overall condition of the streets throughout a community. Woodstock's street program will result in an overall rating of 72.2 at the conclusion of this program.

# Q. SO HOW DOES THIS GET PAID FOR?

A. Such large-scale projects can rarely be covered using regular resources. It's no different than tackling big projects at home or needing major car repairs, money must be borrowed. The City will issue bonds to cover the program costs. Those bonds will be paid off over 20 years using property taxes and water and sewer revenues.

# Q. DOES THIS MEAN THE CITY GOES DEEPLY INTO DEBT?

A. The City is in very good financial shape, with several previously bonded projects such as the Library addition, Police Station and Aquatic Park having ended. Bond financing is currently at historic low rates and the City's AA financial rating is very strong. Even if the approved debt program reduces that rating slightly, we are advised this would not result in significant extra costs.

## Q. WHAT DOES THIS ALL MEAN FOR ME?

The City's previous 10-year property tax freeze saved the owner of a \$200,000 home an average of \$184.98 annually versus what could have been assessed. For that same value home, the Enhanced Street Maintenance Plan's cost during the first year will be approximately \$73.15 in increased property taxes, or about \$6.00 per month. The increases the next two years will range between 4.7 to 4.4% of the City's portion of the property tax bill. The cost for the entire program, when completed, is estimated to total less than a 4.0% increase to a property owner's overall tax bill, with an additional increase in water and sewer rates rounding out the estimated \$53 million needed for this long-awaited comprehensive street repair program.

# Q. DOES THE CITY HAVE THE HIGHEST PROPERTY TAXES IN THIS AREA?

A. The City of Woodstock represents only a small portion of your annual tax bill, less than 16%, with several other taxing bodies also evaluating their need for annual tax rate increases. Market value of the property, which typically only goes higher, also factors in to the resulting tax bill. Woodstock is at the average rate for property taxes among McHenry County communities. Every city offers different services funded by tax revenue. In Woodstock, property taxes support a wide range of public amenities: classes and sports offerings at Recreation Department and Woodstock Water Works Aquatic Park; affordable concerts and plays at Woodstock Opera House and Stage Left Café; and free programs, books, DVDs, computer use, and other services at Woodstock Public Library, services that are often provided by separate taxing bodies in other communities. Woodstock also maintains the historic atmosphere of our beautiful downtown area, and provides many year-round special events, all of which offer a high quality of life for residents, and the warmth and charm that attracts visitors, supporting our local businesses.

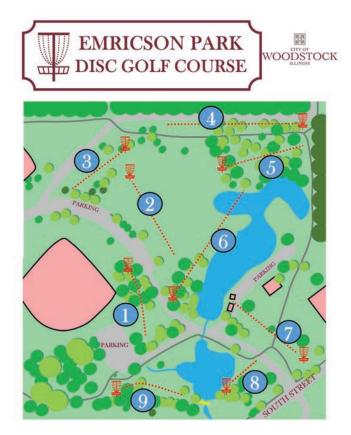
# Q. HOW WILL I KNOW WHEN MY STREET WILL BE ON THE REPAIR SCHEDULE?

A. The schedule for repairs is carefully researched and developed and bid out to maximize annual construction costs based on materials needed and scheduled movement for equipment. While there are general ideas of the streets that will be recommended for repairs each year, the actual list of street names is generally not available until after the construction firms have been hired and provided their timely input. Woodstock Public Works Department will post those street names as soon as possible, on the City's website as well as the Department's Facebook page. Also, individual homeowners will be notified when construction commences and road closures may be in effect.

For more questions, please contact the Woodstock Public Works Department at:

pwdept@woodstockil.gov or 815.338.6118.

# CHECK OUT OUR NEW DISC GOLF COURSE IN EMRICSON PARK





# \* WOODSTOCK OPERA HOUSE \* UPCOMING EVENTS

121 VAN BUREN STREET | WOODSTOCK, IL BOX OFFICE: 815-338-5300 & WWW.WOODSTOCKOPERAHOUSE.COM





THE BRIT PACK
SEPTEMBER 10 AT 8 PM

SEPTEMBER TO AT 8 PM

**AUTHENTIC BRITISH INVASION BAND** 



The most awarded female vocalist in contemporary Christian music history!



# JOE TROOP

SEPTEMBER 24 AT 8 PM







# THEATRE • FILM • EVENTS



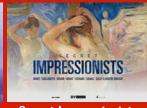
Hansard SEPTEMBER 9 | 7 PM



Frida: Viva La Vida SEPTEMBER 23 | 7 PM



Follies
OCTOBER 14 | 7 PM



Secret Impressionists
OCTOBER 28 | 7 PM



No Man's Land NOVEMBER 11 | 7 PM



# **THEATRE 121 • 2021/2022 SEASON**











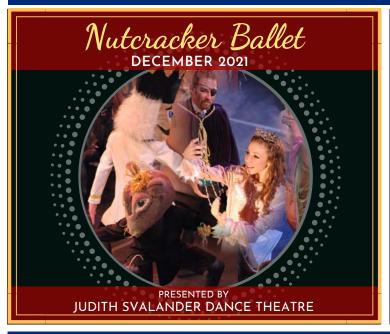
OCTOBER 2021

**NOVEMBER 2021** 

**MARCH 2022** 

**APRIL 2022** 

**JUNE 2022** 







### THERE'S ALWAYS SOMETHING HAPPENING AT STAGE LEFT!

- IAZZ NIGHT
- OPEN MIC NIGHT
- THE STANDARD JAZZ PROJECT
- ORIGINAL OPEN MIC
- SPOKEN WORD CAFE
- THE STAGE LEFTOVERS
- TRIVIA NIGHT
- ANY SUGGESTIONS IMPROVE
- LIVING HISTORY PROJECT HAPPY HOUR
- DIRECTOR'S CLUB (MEMBERS ONLY)



# membership

Would you like to support your Opera House?

MEMBERSHIP FORMS
MAY BE FILLED OUT ONLINE AT

WWW.WOODSTOCKOPERAHOUSE.COM





Please join us for a stellar evening at Woodstock Opera House...

The Arts & Culture for Woodstock Fund

Saturday, November 6, 2021

\*\*7:00pm - \$100 Gold tickets\*\*
Champagne Welcome

The Joffrey Ballet

Honored Guest Stars

Dylan Gutierrez & Jeraldine Mendoza

"Bells" pas-de-deux

"Swan Lake" pas-de-deux

Judith Svalander Dance Theatre

"The Nutcracker Ballet" highlights

Cassandra Vohs-Demann \* Alayna DeVar \* Billy Seger

"At the Ballet" vocal trio

\*\*9:00pm - \$150 Platinum tickets\*\*

Includes Opera House Gala plus After Party at private home

Jazz chanteuse Elaine Dame Pianists Howard Pfeifer & Sebastian Agignoae Chef Doug cuisine

For tickets: www.woodstockoperahouse.com or 815-338-5300

All proceeds directly support Woodstock artists and cultural venues



# AURORA UNIVERSITY WOODSTOCK CENTER

### MOST PROGRAMS MEET ONE DAY A WEEK IN DOWNTOWN WOODSTOCK, ILLINOIS.

### **UNDERGRADUATE TRANSFER PROGRAMS**

Bachelor or Arts in Elementary Education Bachelor of Social Work

### **MASTER'S PROGRAMS**

Master of Arts in Curriculum and Instruction: Teaching Diverse Learners (ESL and LBS 1 Endorsements)

Master of Arts in Educational Leadership with Principal Endorsement

Master of Arts in Reading Instruction (Reading Specialist Endorsement)

Master of Arts in Educational Technology (Technology Specialist Endorsement)

Master of Business Administration

Master of Public Administration

Master of Social Work

Tracks: Addictions and Child Welfare

### **DOCTORAL PROGRAM**

Doctor of Education

- » Instructional Leadership: Coaching and Mentoring
- » Leadership in Adult Learning and Higher Education
- » Leadership in Educational Administration (Superintendent Endorsement)

### CERTIFICATE AND ENDORSEMENT PROGRAMS

Co-Occurring Substance Use and Mental Health Disorder Professional (CODP I)

Director of Special Education Endorsement

ESL/Bilingual Endorsement

Graduate Addictions Certificate (CADC)

Reading Teacher Endorsement

Special Education Endorsement (LBS 1)

Superintendent Endorsement

Technology Specialist Endorsement



# **CITY INFORMATION**



# ARTS & CULTURE FOR WOODSTOCK FUND--NEW ARTS EVENTS **FUNDING SOURCE DEBUTS!**

Woodstock has a treasured tradition of attracting and nurturing creative groups and people. Our beautiful serene surroundings and agricultural heritage, combined with our contemporary and vibrant downtown, provide inspiration to many artistic individuals. The arts are the "grand equalizer," creating life-enhancing connections for everyone at all ages throughout our livable community.

Few individuals have positively impacted Woodstock's arts heritage as was accomplished during the 4-term tenure of Mayor Emeritus Dr. Brian Sager. To recognize and continue Dr. Sager's legacy of supporting creative endeavors, a group of residents has worked with the Community Foundation for McHenry County to establish a new donor-advised fund, the Arts & Culture for Woodstock Fund.

This directed funding source will offer grants to local non-profit or governmental entities to present cultural activities that showcase and support Woodstock artists. The program will be based on an annual application cycle offering competitive grants up to \$2,500 each. The goal is to expand the number and variety of affordable arts experiences for our residents and visitors while strengthening Woodstock's arts community. Applications are reviewed by the founding donors for eligible projects at local non-profit venues including music, dance, drama, film, public art, exhibitions and presentations. The Community Foundation will manage and grow the fund as a charitable donation opportunity for estate planners and individuals wishing to contribute to public enjoyment of arts experiences in the Woodstock community.

The Arts & Culture for Woodstock Fund will be launched with a black-tie Gala, held at Woodstock Opera House on Saturday, November 6, 2021. The evening will begin with a Champagne Welcome at 6:30pm in the Community Room, followed by a main stage vocal rendition of "At the Ballet" as performed by Cassandra Vohs-Demann, Alayna DeVar, and Billy Seger. The Opera House's resident dance company, Judith Svalander's Dance Theatre, will offer excerpts from their annual program of The Nutcracker Ballet. The evening's highlight will be guest star performances from members of Chicago's Joffrey Ballet. Joffrey Ballet dancers will also conduct a Master Class with JSDT students as part of their visit to Woodstock. Tickets are available at www.woodstockoperahouse.com at Gold and Platinum price levels, the latter featuring a catered after-party with live entertainment. Total proceeds from the evening are invested in the Arts & Culture for Woodstock fund. Supporting donations may be made at the events, or online, at the Community Foundation for McHenry County www.thecfmc.org.

# AGE-FRIENDLY WOODSTOCK: COMMUNITY INSIGHTS FOR RESIDENTS OF ALL AGES

The generation known as Baby Boomers, those of us born 1946-1964, represent a group of adults that will increase dramatically in the next decade. The statistics are impressive, if not somewhat alarming:

- 10,000 people in the US are turning age 65 every day for the next 10 years.
- Woodstock's Aging Adults 65-74 will increase almost 40% in the next 10 years; the number of our Aging Adults 75+ will increase over 50%.

And...

• By 2030, there will be more older people in this country than younger people, for the first time in history. This necessarily shifts planning priorities for infrastructure, housing, transportation, recreation and services.

However, in terms of economic impact...

• Aging Adults 50+ control 71% of the nation's wealth and 51% of consumer spending.

In addition to contributing financial resources for travel and shopping, Aging Adults offer tremendous skills and available time to share for community events and volunteer efforts. Planning to serve this documented change in social structure means turning a potential problem into an exciting opportunity.

To this end, over 560 US cities have signed on to AARP's Age Friendly Livable Community program, a planning process that encourages modifications to longstanding policies and programs by looking at current offerings through an *Age Friendly lens*.

Woodstock is one of 11 designated Age-Friendly Illinois communities thus far, along with Evanston, Arlington Heights, River Forest, Mt. Prospect, Calumet, Peoria, Champaign, Urbana, Danville, and Alton. Woodstock is also participating in the Metropolitan Mayors Caucus Age Friendly Community Collaborative, sharing resources, policy and program ideas with a group of 40 Chicago-area cities and agencies.

Recognizing the broad-reaching societal benefit found in the Age-Friendly program, Woodstock was awarded a 2020 Transformational Grant of \$75,000 from Community Foundation for McHenry County to develop our Age Friendly Livable Community Action Plan. NIU's Center for



Governmental Studies was engaged and spent much of 2020 surveying and interviewing community members for valued input. The final report, with actionable goals and strategies, was unanimously approved by Woodstock City Council in April 2021.

Based on this achievement, the City was awarded a second Transformational Grant by the Community Foundation to support implementation of the identified community-based priorities.

A priority area of research and discussion involves increasing options for Lifelong Housing. The past year has seen tremendous demand for single family housing in this area, as new residents look to exit more populated urban areas. Many older residents are ready to downsize and make their family style homes and yards available, but few options exist for their relocation in this area.

80% of Aging Adults want to age in place, or age in community; however, developers are not yet serving this market by building smaller living options with Universal Design features. Such features typically include: nostep entry, 36" doors and hallways, lever door handles, rocker light switches, grab bar studs in no-step showers. Also under consideration are changes to regulations for ADUs, or Auxiliary Dwelling Units, sometimes called "granny flats". These regulations allow remodeling a vacant attic, basement or garage space, or use of a detached "coach house," to accommodate a caretaking relative, or even the aging homeowner, who could rent the existing home for needed income. Additional NIU study areas confirm support for developing a centralized Aging Adults information hub; a drop-in gathering spot for socialization; a mentor program; and an intergenerational playground concept, to name a few.

Woodstock's Age-Friendly Livable Community Action Plan was recently recognized by the American Planning Association's IL Chapter with their 2021 Best Practice Award for innovative community planning.

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# DIRECTORY



# CITY BOARDS AND COMMISSIONS

The City of Woodstock relies upon input from residents who serve on boards and commissions on a volunteer basis. Residents interested in serving may contact the Mayor's Office at 815.338.4302.

A complete list of boards and commissions and their meeting dates are listed below:

Arts Commission
Board of Building Construction As needed
Cultural & Social Awareness Commission Quarterly
Economic Development Commission 2nd Tuesday
Electrical Commission As needed
Environmental Commission As needed
Board of Police Commissioners Quarterly
Historic Preservation Commission 4th Monday
Library Board
Old Courthouse &
Sheriff's House Advisory Commision 3rd Monday
Opera House Advisory Commission As needed
Parks and Recreation Commission 2nd Tuesday
Plan Commission 4th Thursday
Police Pension BoardQuarterly
Transportation Commission 3rd Wednesday
Zoning Board of Appeals 2nd Monday/As needed

# RECYCLING BINS AVAILABLE AT CITY HALL

With the wide variety of materials that Woodstock residents can recycle through MDC Environmental Services, some households may need more than one recycling bin. If you need additional recycling bins, they

are available at the information desk located on the first floor of City Hall. Two styles of containers are available: a 19 gallon carry-style bin for \$11.75 (tax included), and a 65 gallon slightly-used wheeled recycling toter for \$32.40 (tax included).



Residents are encouraged to print their street addresses clearly on the bins. Hopefully, any found bins will then be returned to the correct house if the bins blow away.

# CITY PHONE DIRECTORY & EMAIL DIRECTORY



City Hall General Information 815.338.4300
City Manager Roscoe Stelford 815.338.4301 citymanager@woodstockil.gov
Assistant City Manager/Finance Director Paul Christensen 815.338.4300  pchristensen@woodstockil.gov
Building & Zoning Director Joe Napolitano
Dial-A-Ride
Economic Development Director Garrett Anderson 815.338.3176  ganderson@woodstockil.gov
Human Resources Director Deb Schober 815.338.1172  dschober@woodstockil.gov
Information Technology Director Dan McElmeel
Library Director Nick Weber
Mayor's Office
Opera House Managing Director Daniel Campbell
Opera House Box Office 815.338.5300
Police Chief John Lieb 815.338.6787 <u>jlieb@woodstockil.gov</u>
Public Works Director Christina Betz
Recreation Director Dave Zinnen
Water and Sewer Billing 815.338.4300 waterbilling@woodstockil.gov

# **CITY COUNCIL**

Mayor Michael A. Turner
Council Member Darrin Flynn 815.321.4485
Council Member Lisa Lohmeyer 815.321.4481
Council Member Tom Nierman 815.321.4479
Council Member Wendy Piersall 815.321.4484
Council Member Bob Seegers, Jr 815.321.4482
Council Member Gordie Tebo 815.321.4483

# AWARD WINNING BURGERS D.C.COBB'S JR857 ON THE WOODSTOCK SQUARE





# **POSTAL CUSTOMER**

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Woodstock, IL

121 W. Calhoun Street Woodstock, IL 60098

All-Star Basketball

Girls Developmental Basketball Program Boys Developmental Basketball Program

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